

Education

During the year of 2011 there was continuous teaching of Health psychology as a separate discipline in 6 universities in Lithuania.

Twenty students graduated 2 years health psychology master's programme in Vytautas Magnus university in 2011. Since 1998 up till now (including 2012) three hundred sixty nine students graduated this programme and obtained master's degree in psychology.

The programme committee under chair of prof. A. Gostautas revised the Health psychology master studies curriculum and transferred disciplines to ECTS.

Conferences

Some presentations related to health psychology discipline were delivered in the first congress of Lithuania's psychologists organised by Association of Lithuania's Psychologists and Vytautas Magnus university in Kaunas, 2011.

The delegation of psychologists from Lithuania actively participated in the 25th Annual Conference of the EHPS, Crete, Greece, in September 20-24, 2011. New members from Lithuania joined EHPS.

Projects

Health promotive summer camp for senior school children was carried out by the Union of Lithuania's Health Psychologists under guidance of prof. A.Gostautas and supported by Kaunas regional municipality.

Also, in cooperation with Kaunas regional municipality researched project aimed to gather baseline data on subjective health evaluation and behavioural risk factors among 6-9th grade students was accomplished in all schools in Kaunas region. The GYTS questionnaire, self-health assessment and items for risk evaluation were used. The conference about the baseline data was held in Kaunas on the 7th of June, 2012. The early preventive intervention for decreasing smoking and alcohol usage in school children in Kaunas region started in the end of 2011. This data is going to be incorporated in wide range smoking preventive programme in schools in Lithuania.

Events

On the part of practice: the legislation project On Practice of Psychologists in Lithuania was finalised by the working group arranged by the Ministry of Health in Lithuania. Among other important items it is planned to have licensing for 3 specializations of psychology: Medical, Educational and Organisational psychology. Project is passed for further discussion.

At present about 120 medical psychologists are working within Health Care System in Lithuania. The question regarding 12 month internship with supervision in state's approved institution, which is absolutely necessary, is still without an answer.