

E-courses initiative

Dear EHPS member,

We are happy to announce the launch of **EHPS e-courses**. These are **short online Health Psychology courses** on topics of interest for the EHPS community. The courses will usually take place in **1 to 2 online sessions** with the **duration of 60-90 minutes** each session.

These sessions will be interactive: all participants will be able to see the presenter's screen, ask questions and talk one another.

Upcoming courses in 2015 are:

“Illness and treatment perceptions: the role of idiosyncratic beliefs for health outcomes”

Facilitator: Dr. Maria João Figueiras (Piaget Institute, Portugal)

Date: March 30th 2015, 11am-12:30 CET*

“What is “habit”, and how can it be used to understand and change behaviour?”

Facilitator: Dr. Benjamin Gardner (King's College London, UK)

Dates: April 22nd and 29th 2015, 2pm-3:30pm CET

“Developing and testing evidence and theory-based behaviour change interventions for weight loss and maintenance of weight loss”

Facilitator: Dr. Stephan Dombrowski (University of Stirling, UK)

Dates: May 15th, 2pm-3pm CET

We kindly invite you to register for the e-course of your interest, as there are **limited places available**. To register, please send an email to: ecourses@ehps.net with the following information:

- 1) Full name and EHPS membership number
- 2) Contact details
- 3) Your current position (E.g., PhD student, Research Associate, Assistant Professor, Associate Professor)
- 4) Your level of expertise on the topic of the course (NB: This will not affect placement on the course)

These courses will be run in English and are **free of charge** for the EHPS members.

More information on the content of each e-course can be found in the document attached (it will be regularly updated).

If you have any suggestions for course topics and facilitators, or if you are willing to facilitate an e-course, please email us: ecourses@ehps.net

Kind Regards,

Marta Marques, Dominika Kwasnicka, Jasminka Despot Lucanin, and Efrat Neter
(EHPS e-courses Committee)

*CET – Central European Time