



32nd CONFERENCE OF THE EHPS

Health Psychology Across
The Lifespan:
Uniting Research,
Practice and Policy

21-25 August 2018
Galway / Ireland



DRAFT PROGRAMME

13 JUNE 2018



Draft programme

Please note that this is a draft programme and that enforced changes may still occur as a result of withdrawals etc. Where such a change involves moving a presentation to a different day, all corresponding authors affected will be contacted. Due to the amount of work required for even minor changes to the programme, the scientific committee cannot entertain requests for alterations to the day or time of individual presentations.

EHPS 2018

32nd Annual Conference of the European Health Psychology Society

Tuesday, 21 Aug

Tuesday, 21 Aug

18:00 - 19:00 Opening Ceremony

19:00 - 20:30 Welcome Reception

Wednesday, 22 Aug

9:00 - 10:30 Parallel Sessions

ROUNDTABLE: Health Psychology practice in Europe and other countries
represented in the EHPS: Moving forward together

Chair: Anne Marie Plass

Room: Room 1

- 9:00 Short introduction
Anne Marie Plass
- 9:05 Highlight upon HP education
Jenny McSherry
- 9:10 Highlight upon employability of HPs
Kyra Hamilton
- 9:15 Highlight upon cooperation of HPs with other professions
- 9:20 Short summary
Angelos Kassianos
- 9:25 Introducing the various definitions of HP
- 9:40 Identifying differences and similarities
- 9:55 Discussing possible overarching definitions of HP
- 10:10 Discussing the future steps necessary to creating global consensus
- 10:25 Conclusion and closing the session
Anne Marie Plass

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Health behaviour and chronic disease

Chair: TBC

Room: Room3

- 9:00 Is female cancer patients' fertility preservation decision-making process associated with future decisional regret and satisfaction?
Cláudia Melo
- 9:15 Ultraviolet radiation exposure in people with Xeroderma Pigmentosum: daily diary study
Sam Norton
- 9:30 Well-being and posttraumatic growth in stoma patients: effects of sociodemographic and disease-related variables
Krisztina Csókási
- 9:45 Identifying distinct patterns of change in habit strength for taking medication in adults with diabetes
Rachel Burns
- 10:00 The psychological implications of writing online – blogging about visible, long-term skin conditions
Selina Tour
- 10:15 Investigating decision-making in bone-anchored hearing aid candidates: Two qualitative approaches.
Rachael Powell

Stress: HPA axis and inflammation

Chair: TBC

Room: Room4

- 9:00 Effects of Childhood Trauma, Daily Stress and Emotions on Cortisol in Individuals Vulnerable to Suicide
Daryl O'Connor
- 9:15 Pubertal tempo, pubertal timing and health: mediating effects of cortisol stress reactivity.
Samantha Dockray
- 9:30 Stress and metabolic syndrome: The Chilean study of psychological predictors of obesity and metabolic syndrome
Manuel Ortiz
- 9:45 Post-mastectomy breast reconstruction wound healing and the association of perceived stress and serum cortisol levels
Lauren Schumacher
- 10:00 Hope about cancer statistically moderates the prognostic role of inflammation in lung cancer
Yori Gidron
- 10:15 Driving Under Pressure: The Effects of Stress on Driving Performance
Colm Doody

SYMPOSIUM: The relevance of interoception research for health and disease

Chair: Beate M. Herbert

Room: Room5

- 9:00 Social exclusion and attentional bias towards high-calorie food: The role of Interoceptive Accuracy and Sensibility
Giorgia Zamariola
- 9:15 Multimodal interoception in overweight and obesity
Beate Herbert
- 9:30 Interoceptive sensibility, accuracy and awareness in obese patients
Delphine Grynberg
- 9:45 Interoceptive processes in type 2 diabetes mellitus: The case of fear of hypoglycaemia.
Thomas Kubiak
- 10:00 Modification of interoceptive abilities using neurostimulation and mindfulness-based techniques
Olga Pollatos
- 10:15 Discussion
Beate Herbert

Dietary behaviour change

Chair: Marijn de Bruin (TBC)

Room: Room6

- 9:00 Acceptability, effectiveness and cost-effectiveness of weight loss interventions for severe obesity: A health technology assessment
Marijn de Bruin
- 9:15 Changing diet and physical activity behaviour in type 2 diabetes
Kevin Craddock
- 9:30 Eating As Treatment (EAT): A health behaviour change intervention for head and neck cancer patients
Kristen McCarter
- 9:45 Behavioral context effect on goal-priming intervention for reducing unhealthy eating
Shoji Ohtomo
- 10:00 Colourful, healthy, tasty: Facilitating healthy eating through simple visual cues
Laura M. König
- 10:15 Implicit Process Interventions in Eating Behavior: a Meta-analysis Examining Mediators and Moderators
Matthias Aulbach

SYMPOSIUM: Don't forget the parents: The role of parental experience in paediatric chronic conditions.

Chair: Line Caes

Room: Room7

- 9:00 Worries, mindfulness and parenting: A diary study in parents of children with type 1 diabetes
Cynthia Van Gampelaere
- 9:15 Illness intrusiveness and well-being in mothers and fathers of youth with type 1 diabetes
Sofie Prikken
- 9:30 Understanding the impact of paediatric inflammatory bowel disease on the entire family
Line Caes
- 9:45 Child pain and well-being: The role of parental perceptions of injustice.
Fleur Baert
- 10:00 How I dealt with a diagnosis of Juvenile Idiopathic Arthritis for my child.
Wendy Costello
- 10:15 Discussion
Sónia Bernardes

Theoretical and methodological issues in digital intervention development

Chair: TBC

Room: Room8

- 9:00 Designing and testing theory-based mHealth tools for weight loss maintenance: The NoHoW Toolkit
Marta Marques
- 9:15 Are app-delivered mindfulness and relaxation exercises appealing to cancer patients? A feasibility study
Michael Mikolasek
- 9:30 Sequential Health Behaviors in Daily Life: An Ecological Momentary Assessment Approach
Simone Dohle
- 9:45 A review of mobile apps for antimicrobial resistance (AMR): targeting patients' behaviour
Eva Raebel
- 10:00 Online information-seeking about breast cancer symptoms: Capturing online behaviour with an Internet browsing tracking tool
Afrodita Marcu
- 10:15 Are people tweeting about exercise also talking about fat? A descriptive study of Twitter communities.
Ahuitz Rojas-Sánchez

10:30 - 11:00 Coffee Break

11:00 - 12:30 Parallel Sessions

SYMPOSIUM: Integrating and applying behaviour change theory: a focus on mechanisms of action

Chair: Rachel Carey

Room: Room1

- 11:00 The Contributions of the Science of Behaviour Change Program to Advance Basic Behaviour Change Mechanisms
Karina Davidson
- 11:15 Development of a method for specifying behaviour change theories to facilitate comparison and integration
Robert West
- 11:30 Making sense of behaviour change theories: applying a method for theory specification across 83 theories
Susan Michie
- 11:45 Linking behaviour change techniques and mechanisms of action: comparison of literature synthesis and expert consensus
Marie Johnston
- 12:00 Discussion
Alexander Rothman

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Room: Room2

Living with chronic disease

Chair: TBC

Room: Room3

- 11:00 Women with IBS have similar levels of disease burden to those with IBD: Clinicians listen!
Jonathan Egan
- 11:15 Benefit finding in renal transplantation and associated psychological and clinical correlates: a prospective study
Alicia de Vries
- 11:30 Fatigue in prevalent haemodialysis patients predicts all-cause mortality and kidney transplantation
Joseph Chilcot
- 11:45 Patient Concerns Following Implantable Cardioverter Defibrillator (ICD) Implantation
Kathryn Murray
- 12:00 The parent child experience of pre-adolescent alopecia areata an interpretative phenomenological analysis.
andrew thompson
- 12:15 A stakeholder informed feasibility study of tele-coaching to improve adherence in patients with cystic fibrosis
Christina Duncan

Looking forward and looking back: Feasibility and acceptability of interventions

Chair: TBC

Room: Room4

- 11:00 Patients' and practitioners' views on intensive management for moderate rheumatoid arthritis: a qualitative study
Louise Prothero
- 11:15 Acceptability and Feasibility of a self-management intervention to improve adherence rates in women prescribed tamoxifen
Zoe Moon
- 11:30 Intervention development and tailoring using N-of-1 data: Improving photoprotection in patients with xeroderma pigmentosum
Kirby Sainsbury
- 11:45 Investigating behavioural mechanisms of Interventions Supporting Long-term Adherence aNd Decreasing cardiovascular events (ISLAND)
Nicola McCleary
- 12:00 Diabetes REmission Clinical Trial (DiRECT) a Psychological Analysis
Falko Sniehotta
- 12:15 Robot-assisted therapy in chronic stroke patients: Adherence to at-home treatment recommendations
Walter Bierbauer

Stress: Cardiovascular physiology

Chair: TBC

Room: Room5

- 11:00 Attachment, social support and cardiovascular reactivity in young adults
Grace McMahon
- 11:15 Burnout: Merely a subjective complaint?
Claudia Traunmüller
- 11:30 Physical activity effects on HPA and ANS axis response to acute psychosocial stress
Kathrin Wunsch
- 11:45 What is the role of cardiovascular reactivity (CVR) in health behaviour change?
Ainslea Cross
- 12:00 Does the nature of the stress task influence the relationship between reappraisal and cardiovascular reactivity?
Siobhan M. Griffin
- 12:15 Momentary feelings of resilience are associated with vagal withdrawal to episodes of stress in firefighters
Andreas Schwerdtfeger

SYMPOSIUM: Obesity across childhood and adolescence

Chair: Marita Hennessy

Room: Room6

- 11:00 Early life obesity prevention: A systematic review of the effectiveness of health professional-delivered interventions
Marita Hennessy
- 11:15 How can routine feedback from National Child Measurement Programmes be harnessed to support behaviour change?
Lou Atkinson
- 11:30 Impact of parental perceptions of child obesity and HRQoL on subsequent child weight outcomes
Laura Cutler
- 11:45 Gender differences in adolescents' body areas satisfaction explaining body mass via physical activity and diet
Karolina Zarychta
- 12:00 School food environments and adolescent health
Colette Kelly
- 12:15 Discussion
Caroline Heary

Alcohol and smoking public health interventions

Room: Room7

- 11:00 Improving behavioral support for smoking cessation in pregnancy: Application of Theoretical Domains Framework.
Katarzyna Anna Campbell
- 11:15 Establishing ways to improve smoking cessation behavioural support for pregnant women: A modified Delphi survey
Libby Fergie
- 11:30 Improving school health education on alcohol and tobacco for low-educated adolescents: Overview of nine experiments.
Bas van den Putte
- 11:45 Self-efficacy mediates effects of multilevel, pediatric-office based intervention on bioverified smoking cessation among low-income parents
Stephen Lepore
- 12:00 Dry January - enhancing the experience and benefits of temporary alcohol abstinence
Richard de Visser
- 12:15 Evaluating reach of the Smoking Treatment Optimisation in Pharmacies (STOP) intervention using simulated smoker feedback
Sandra Jumbe

SYMPOSIUM: Ecological Momentary Assessment and diaries to measure health, behaviour, and determinants

Chair: Ann DeSmet

Room: Room8

- 11:00 Reporting of adherence to adult health-related mobile Ecological Momentary Assessments (mEMA): a systematic review
Katia Ferrar
- 11:15 USABILITY OF ECOLOGICAL MOMENTARY ASSESSMENT IN A STUDY ON SLEEP, PHYSICAL ACTIVITY AND SEDENTARY TIME
Ann DeSmet
- 11:30 Better not talk about it? Association of couple's daily co-rumination with cancer patient's fatigue severity.
Fabiola Müller
- 11:45 Methods for Understanding Ecological Momentary Assessment Data Nested within Longitudinal Epidemiological Cohort Studies
Genevieve Dunton

- 12:00 Pre-intervention modelling: Applying observational n-of-1 design to develop and conduct precision behaviour change studies
Dominika Kwasnicka
- 12:15 Discussion
Geert Crombez
- 12:30 - 14:00 Lunch
- 12:30 - 14:00 EHPS Discussion Forum
- 14:00 - 15:30 Parallel Sessions

STATE OF THE ART: Self-regulation in sickness and in health

Chair: TBC

Room: Room1

- 14:00 Self-regulation in Sickness and in Health
Martin Hagger and Sheina Orbell
- 14:45 Children's psychological health as a predictor of sedentary time and physical activity
Ian Taylor
- 15:00 Side-effects, illness and treatment beliefs predict distress at 12 months in women prescribed tamoxifen
Lyndsay Hughes
- 15:15 Attention in asthma: Cognitive bias towards health-threat in depressed mood and avoidance in neutral mood.
Iana Alexeeva

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SYMPOSIUM: Medication adherence in chronic illness: theory, methods and intervention development

Chair: Hannah Durand

Room: Room3

- 14:00 Assessing theoretical predictors of adherence for resistant hypertension using direct and indirect adherence measures
Hannah Durand
- 14:15 Socio-cognitive predictors of adherence to oral diabetes medication
Stan Vluggen
- 14:30 Smartphone apps for improving medication adherence in hypertension: patients' perspectives
Eimear Morrissey
- 14:45 Views of people with type 2 diabetes about a message system to support medication adherence
Yvonne Kiera Bartlett
- 15:00 Reframing asthma and inhaled corticosteroids (ICS) to modify treatment beliefs: an online intervention RCT
Caroline B. Katzer
- 15:15 Discussion
Gerry Molloy

SYMPOSIUM: Focusing on fidelity: improving methodology of intervention fidelity assessment within behaviour change intervention research

Chair: Elaine Toomey

Room: Room4

- 14:00 Surveying knowledge, practice and attitudes toward intervention fidelity within trials of health behaviour change interventions
Elaine Toomey
- 14:15 Considering the quality of fidelity measures: The Promoting Independence in Dementia intervention
Holly Walton
- 14:30 Evaluating intervention fidelity in a national diabetes prevention programme
Elaine Cameron

14:45 Intervention fidelity of a provider delivered walking intervention in primary care: A mixed methods study
Jenny Mc Sharry

15:00 Activity: Brainstorming and identifying issues/ priorities in relation to fidelity research
Fabiana Lorencatto

15:15 Discussion
Marie Johnston

SYMPOSIUM: Psychosocial and neuropsychological aspects in cardiac patients and family members: Innovations in assessment and therapy

Chair: Edward Callus

Room: Room5

14:00 Heart disease patients: psychological and neuropsychological screening in a rehabilitative setting
Antonia Pierobon

14:15 Psychosocial screening and evaluation of hospitalized adults with congenital heart disease
Edward Callus

14:30 Emotion Regulation and Well-being in Cardiac Patients and Their Partners: A Prospective Dyadic Study
Evangelos Karademas

14:45 PTSD among cardiac patients' caregivers: Individual and dyadic explorations
Noa Vilchinsky

15:00 Best practice on psychological activities in cardiovascular prevention and rehabilitation: Position paper
Marinella Sommaruga

15:15 Discussion
Val Morrison

SYMPOSIUM: Better together? Regulating health within close relationships

Chair: Janina Lüscher & Corina Berli

Room: Room6

14:00 Synchrony of physical activity and sedentary behaviour in couples
Jan Keller

14:15 Dyadic-efficacy and smoking cessation in dual-smoker couples
Diana Hilda Hohl

14:30 Enabling or cultivating? Findings from a dyadic study in physical activity context
Anna Banik

14:45 Who benefits from social support? Dyadic effects of couples' daily support provision on well-being
Corina Berli

15:00 Spill-over effects of volitional self-regulation: A dyadic perspective on the Health Action Process Approach
Janina Lüscher

15:15 Discussion
Nina Knoll

Sex, drugs and alcohol

Room: Room7

14:00 Applying an extended RAA to inform future tailored condom use interventions for 'at-risk' older men
Jennifer MacDonald

14:15 Barriers and facilitators to chlamydia testing: A qualitative exploration and application of a theoretical model
Lorraine McDonagh

14:30 Regret from inebriated social interactions and sexual encounters to reduce young adults' binge drinking behaviour.
Joel Crawford

14:45 Predicting alcohol consumption among European university students
Richard Cooke

15:00 Intention to reduce drinking and preferred sources of support: an international cross-sectional study
Emma Davies

15:15 Gateway drug to a healthier lifestyle? The role of vaper social identity in health behaviour
Joanne Smith

SYMPOSIUM: You only live once: Youth culture and health.

Chair: Adriana Baban

Room: Room8

14:00 Introduction
Adriana Baban

14:15 Cultural and health factors associated with early sexual initiation
Lorraine Burke

14:30 Romantic attraction and psychosomatic symptoms in adolescents from eight European countries
András Költő

14:45 An examination of adolescents' beliefs and perceived injunctive norms around peer drinking behaviours over time
Kathy-Ann Fox

15:00 Children who fight: the international context
Michal Molcho

15:15 Discussion
Colette Kelly

15:30 - 17:00 Interactive Posters

Understanding uptake and usability of e/mHealth interventions 1

Chair: TBC

Does smoker profile determine adoption of a decision aid to improve evidence-based cessation support uptake?
Thomas Gültzow

Understanding usage patterns of mHealth smoking cessation support to improve treatment delivery
Tina Jahnel

Evolving a smoking cessation health recommender system app to use the I-Change behavioral change model
Santiago Hors-Fraile

Teenagers perception of Instagram alcohol related content on health-related quality of life
Boris Chapoton

A RCT protocol comparing two smoking cessation programs for students: face-to-face intervention vs web-based intervention
Amandine Schoumacker

Required content of a decision-aid to improve cessation support uptake: A study protocol
Thomas Gültzow

Understanding uptake and usability of e/mHealth interventions 2

Chair: TBC

Reducing cancer-related fatigue in (former) cancer patients using an app: the uptake of the Untire-app.
Simon Spahrkäs

Assessing the Usability and Acceptability of FaceIT@home: an online Intervention for People with Visible Differences
Alyson Norman

Health app use in individuals with and without chronic conditions: Results of three surveys
Paul Gellert

Health at a one-click distance: senior citizens and the internet
Maria João Figueiras

Too old for computers? The impact of stereotype threat on older adults' computerized cognitive training
João Mariano

A review on best practices for digital interventions to improve engagement and adherence in users
Maria Karekla

Feasibility and validity of an ecological momentary assessment of coping at home-return after a stroke.
Camille Vansimaey

Emotional and mental support using entertainment robots for elderly nursing home residents with dementia
Mitsuru Naganuma

Alcohol, physical activity and obesity

Chair: TBC

Two systematic literature reviews to identify behaviors and psycho-social determinants of alcohol use during pregnancy.
Sylvia Roozen

The effects of teacher communication during a health intervention on adolescents' alcohol use.
Mathijs Mesman

The effect of gain-frame message content on intention to drink alcohol
Fiona Walker

Alcohol consumption in Austrian college students – does physical activity matter?
Martin Kopp

Urban Forest Intervention Program to promote Physical Activity and Reducing Risk Behaviors Among Adolescent .
Riki Tesler

Are sedentary behaviour and physical activity related to anxiety and stress in young adults?
Laia Briones-Buixassa

Office workers' experiences of an early-phase sitting-reduction intervention (the ReSiT Study): A qualitative analysis
Benjamin Gardner

Reciprocal associations between physical activity enjoyment, moderate-to-vigorous physical activity and depressive symptoms in non-clinical adults
Magdalena Kruk

A qualitative study of Middle Eastern GP's views of treating obesity
Sally Doherty

Health & wellbeing issues associated with romantic relationships & parenting roles

Health Behaviors Influence Selection of Romantic Partners
Brittany Canady

The effect of alexithymia on relationship functioning is mediated by affectionate experience
Julia Eggermann

Anxiety, depression, dyadic adjustment and antenatal attachment in pregnant couples: An actor-partner interdependence mediation analysis
Tânia Brandão

Anxiety, depression, dyadic coping and quality of life: Preliminary longitudinal results with newly mothers
Tânia Brandão

Food consumption habits in Romanian families and adolescents - a pilot study
Violeta Stefania Rotarescu

Alcohol related knowledge and drinking behaviour: survey for pregnant women and mothers in Japan
Kazuko Eto

The Experience of Teenage Pregnancy and its Effect on the Couples' Relationship: A Retrospective Study
Claudia Azzopardi

Post-Traumatic Stress disorder after childbirth: Prospective study of risk factors on French and Tunisian populations.
Hannachi Nawel

Paediatric chronic illness & disability

Chair: TBC

Child with epilepsy in regular school: sociometric status and teacher support
Jiri Kohout

Parental health literacy and numeracy as it relates to youth asthma symptom control
Kristine Durkin

Determinants of Cardiac misconceptions, risk perceptions and self-efficacy in adolescents
Maria João Figueiras

Quality of life and coping strategies among siblings of children living with cystic fibrosis
Camille Ricatte

An Adaptation of the Beliefs about Medicine Questionnaire for Young People With Asthma (BMQ-YPWA)
Christina Pearce

"In the wild": Conducting paediatric pain research outside of traditional clinical settings
Grace O'Sullivan

Comparison between mothers and fathers in coping with autistic children: A multivariate model
Ayelet Siman Tov

Development of educational preoperative materials to prepare children for surgery
Sara Fernandes

Lifestyle Behaviour Change

Chair: TBC

Two single-blind randomised trials investigating affective attitudes and intention to become an organ donor
Frank Doyle

A systematic review of breastfeeding interventions among postpartum women using the Behaviour Change Techniques taxonomy
Angelos Kassianos

Improving breastfeeding in Scotland: co-production of a breast pump service
Nicola Gillespie

Examining the feasibility of an emotional competency intervention for men who have sex with men
Dimitra Strongylos

Using Implementation Intentions to Improve Adolescent Anger Management: A Research Protocol
Laura Castillo-Eito

Implementation intention on vaccination behavior against flu with healthcare workers.
aurélie gauchet

Reducing high-calorie snack consumption: increasing implementation intention effectiveness for those low in eating self-efficacy
Susan Churchill

Associations between sedentary behaviors and self-efficacy: a systematic review
Zofia Szczuka

Risk perception and preventive behaviours

Chair: TBC

Influencing factors of risk-taking behaviour in high-risk sports
Martin Kopp

Public Knowledge, Attitudes and Practices Regarding Organ Donation: Results of a Romanian Survey
Oana Petre

Korean mothers' health beliefs of cervical cancer prevention and daughters' vaccination against Human papilloma virus
Hae Won Kim

Vaccination decisions: what could be added to Health Belief Model?
Ksenia Eritsyan

An application of the theory of planned behaviour to help-seeking in adults with depressive symptoms
Samuel Tomczyk

How to predict participation in colorectal cancer screening? The contribution of Theory of Planned Behaviour
Alice Le Bonniec

Factors Determining Intention to Pursue Genetic Testing for People in Taiwan
JU-CHUN CHIEN

Physical activity and health promoting behaviours

Chair: TBC

Experimental investigation of decision-making processes in daily physically active behaviors using a virtual reality set-up
Alexis Ruffault

Incorporating automatic processes into the evaluation of mass media physical activity campaigns
Tanya Berry

Maternal guidance: The importance of psycho-social variables to predict children's media consumption and physical activity
Konstantin Schenkel

How cognizance influence the motivation to change regarding both sedentary behaviour and physical activity.
Stefanie Kasten

The mechanisms by which high treatability information negatively influences intention to prevent skin cancer
Yingqiu Wu

Exploring a laypersons understanding of health-habit formation: a network diagram approach
Daniel J Brown

Well-being and quality of life in adolescents and young adults

Chair: TBC

Purpose in Life and Coping Style in adolescence
Elena Leonova

Resource control, psychosocial health, and well-being in emerging adulthood
Leanna Closson

Life-meaning orientations and quality of life among the population in the 30-kilometer chemical production zone
Olga Terekhina

Electronic device use at night by young adults: Effect on sleep and mental health.
Susan Crebbin

Subjective Health Complaints in Adolescence - Validity of the HBSC Symptom Checklist in Luxembourg
Carolina Catunda

A validation study of a German short-form of the Child Humor Orientation Scale
Marie Bischoff

Promoting Subjective Well-being in Transition Year Students Through a Multi-Target Positive Psychology Intervention
Daisy Beth Gibbons

Self-compassion and healthy eating behaviours among emerging adults
Satoru Ishikawa

Factors influencing quality of life within the context of pain

Chair: TBC

The Effects of Pain Severity and Alexithymia on Depression and Marital Satisfaction in Fibromyalgia Patients
Merve Denizci Nazlıgöl

Pain chronicity regulates the relationship between emotions and sleep in Complex Regional Pain Syndrome
Jeongwi An

Differential effects of attentional engagement and disengagement on daily function in patients with chronic pain
Hyeji Kim

Quality of life and its determinants in chronic pain patients
Urszula Ziętałewicz

Understanding the experience of chronic pain from the perspective of people with an intellectual disability
Dominique Phillips

How do patients treated by haemodialysis cope with pain?
Christel Vioulac

Changing pictorial representations of pain when attending a Pain Management Programme: an interpretative phenomenological analysis
Isabella E Nizza

Communication, coping and clinical status: a holistic perspective on surgical patients to improve satisfaction
Tessa Dekkers

Resilience and risk factors in pain experiences

The power of resilience in chronic pain patients
Gabriele Helga Franke

Mediating Role of Psychological Flexibility Parameters between Head Pain Interference and Headache-Related Disability
Pinełopi Konstantinou

The role of dissociation in experiencing pain: a normal function or a deteriorating process?
Magdalini Flouri

Somatic complaints, attachment style, childhood trauma, self-compassion and depersonalisation in young Irish adults
Cathal Ó Curraoin

Gender stereotype threat and pain tolerance in young adults
Ewa Wojtyna

Competition between pain and self: Comparing prioritization of information relating to self, pain and reward
Emilia Boehm

Open-label placebo in menstrual pain: a pilot randomised controlled trial.
Treasa Skelly

Temporal Estimation of Treatment Preferences in Fibromyalgia Patients
Elia Valentini

Methods for improving research participant diversity

Strategies for successful male involvement in the population-based survey: Lessons learned from UN Multi-Country Survey
Nurul Kodriati

Is medication adherence associated with adherence to research participation? Findings from three patient cohort studies
Susanne Brandstetter

Examining the influence of an informational video on participant retention in a randomised controlled trial
Laura O'Connor

Assessing Health Information Literacy by a Standardized Knowledge Test
Anne-K. Mayer

Conducting Social Cognitive Theory Based interviews with adults with learning disabilities and their carers
Kiran Bains

Personal, social, and environmental resources and health

Chair: TBC

Resilience in adolescents in institutional care
Ana Camarneiro

Parental Attachment, Grit and Problem Behavior between National School Mobility and Non-mobility in Chinese Adolescents
Xiaoyu Lan

Acceptance and identity change: an interpretative phenomenological analysis of carers' experiences in ME/chronic fatigue syndrome
Sarah Catchpole

Long-term effects of coping on psychological distress in caregivers of patients with Amyotrophic Lateral Sclerosis
Jessica de Wit

Cognitive impairment in stroke patients is associated with anxious and depressive symptoms in family members
Daniela Rohde

Demographic, Psychological, and Relationship Factors Determine Resource Loss Among Pregnant Women Seeking Primary Care
Eleonora C. V. Costa

Feasibility testing of a staff training programme to improve the mealtime experience in care homes
Ross Watkins

Eating well: Understanding and shaping the mealtime experience of older adults in residential care
Ross Watkins

One Size Does Not Fit All: Innovative Interventions in Chronic Disease

Chair: TBC

Effectiveness of pain rehabilitation on pain and PTSD: mediating effects of pain catastrophizing on PTSD
Wesley Gilliam

Interdisciplinary Pain Rehabilitation Outcomes for Older Adults: An Investigation Based on Opioid Use Status
Matthew Schumann

A randomised controlled feasibility trial of an intervention to reduce distress in Inflammatory Bowel Disease
Lyndsay Hughes

Quality of life and ventilatory self-management in Obstructive Sleep Apnoea Syndrome patients: a prospective study
Martina Vigore

The Effectiveness of Progressive Muscle Relaxation on Reducing Pain, Anxiety and Chemotherapy Side-Effects
Asli Niyazi

promoting Medication Adherence and Self-management among kidney transplant recipients (MARS-trial): development of an intervention protocol
Denise Beck

Comparing interventions to increase physical activity to anti-hypertensive monotherapy in people with hypertension
Chris Noone

Comparing interventions to improve adherence to anti-hypertensive monotherapy to anti-hypertensive polytherapy in people with hypertension
Gerry Molloy

The work environment and employee health

Chair: TBC

Simulator sickness in man-man-machine interaction in complex virtual environment
Adam Galuszka

Dynamic office workstations: initial insights into user usability evaluations and motivation
Alice Heinrich

Protection of pregnant women at work in Switzerland: nurses' experience of current protection policies
Alessia Zellweger

Sleep quality and environmental workplace factors associated with mental health status of workers in Singapore
Gerard Dunleavy

The Role of Psychological Capital in the Complex Jobs
Muhammad Babar Shahzad

Obesity prevalence in aboveground and underground workplaces among employees in Singapore: A cross-sectional study
Nuraini Nazeha

Individual differences in stress reactivity, emotion-regulation, and coping

Chair: TBC

Type D personality and cardiovascular reactivity to stressors
Maria Dillon

Individual differences in Work-related Behavior and Experience Patterns: Relations to Positive and Negative Affectivity
Hanna Hofmann

Psychological health at work and dysfunctions of emotional processing among French professional caregivers
Emilie Rozier

Identifying risk for depression, anxiety symptoms and maladaptive coping according to time perspective
Héline Kaya Lefèvre

Assessing the interaction between SSRI use and weight status in predicting levels of depression
Robbie Woods

To sleep or not-to-sleep: Psychological distress, intolerance of uncertainty and sleep among informal cancer caregivers
Aliza Panjwani

Predictors of emotional distress associated with family history of cancer
Andrada Ciucă

Developing and testing an individual differences measure of self-affirmation: Predicting health-related responding
Peter Harris

Stress & Physiology: work in progress

Chair: TBC

Heart rate variability recovery as a marker of autonomic functioning in lonely individuals
Charlotte Roddick

A scoping review of the intergenerational transmission of altered cortisol parameters following trauma.
Esther Purkiss

Loneliness and cardiovascular reactivity to acute stress in older adults
Eoin Gavin Brown

Building trauma resilience among military personnel: A pre-deployment resilience-building programme - Phase 1 Systematic review
Colm Doody

The precise threshold of blunted cardiovascular reactivity: A systematic review
Adam O' Riordan

The associations between the personality traits of openness to experience and cardiovascular stress responsivity.
Anna Soye

Theory-based development of an experimental paradigm to examine the influence of coping on stress
Alina Schäfer

Self-management, medication adherence and chronic illness

Chair: TBC

Examining adherence to anticoagulant and antiarrhythmic medication in patients with atrial fibrillation (AF)
Lyndsay D. Hughes

Psychosocial predictors of non-adherence to tamoxifen in breast cancer survivors: A longitudinal analysis
Zoe Moon

Influence of Sickle-cell disease representation on compliance: orientations for health intervention.
Damien Oudin

Symptom appraisal of potential lung cancer symptoms in people with Chronic Obstructive Pulmonary Disease
Katie Robb

Body change stress, illness perception and benefit finding as predictors of distress among cancer patients
Rizwana Roomaney

Illness representations and health behavior of coronary heart patients and patients diagnosed with colorectal cancer
Szidalsz Teleki

Attitudes and Personality in Relation to Older Adults' Health

Chair: TBC

Medicalization of old age and attitudes towards the elderly people
Eryka Probiez

Predictors of negative attitudes towards aging and negative attitudes towards sexuality in old age
Filomena Ponte

An investigation of the relationship between health literacy and influenza vaccination among older adults.
Louise Burke

Chronic disease and mental health among older adults: the role of multimorbidity and personality traits
Olga Zamalijeva

Why does the protective effect of optimism for maintaining mental health decreases in older age?
Christel Salewski

Examining the moderating effect of conscientiousness on the relationship between prospective memory and medication adherence.
Jack Flynn

Nadir experiences in highly ego integrated older adults: ways of narrative enactment
Vladimir Chrz

Psychological practice in health settings

Chair: TBC

Filling the training gap: a model to prepare the next generation of integrated care providers
Kate Jansen

Implementing lifestyle interventions in clinical practice within mental health services can be challenging
Agatha Conrad

Preliminary examination of cognitive-behavioral cancer stress management group implementation in clinical care
Lisa Gudenkauf

Development and evaluation of a long-term conditions training programme for primary care mental health workers
Kate Hamilton-West

A realist review of group antenatal care: what works, for whom, and under what circumstances?
Anita Mehay

Increasing patient expectations about acupuncture treatment: an online experiment.
Anja Zieger

Health Communication

Chair: TBC

Co-development with health professionals: an online communication training resource
Daisy Bradbury

Understanding health professionals' experiences of discussing HPV with head and neck cancer patients
Mairead O'Connor

Patient engagement and communication behaviours around prompt urinary catheter removal: a prospective theory-based correlational study
Rashmi Bhardwaj-Gosling

Interventions to increase adherence to medication amongst individuals with low health literacy: A systematic review

Delyth James

Exploring cardiomyopathy diagnoses: the clinicians' perspective

Jennifer Rees

Living with age-related macular degeneration: a qualitative study of consultations at diagnosis

tawanda pendeke

Reversing social gradient: Impact of patients' communication with their practitioners on adherence to preventive behaviours

Michèle BAUMANN

15:30 - 17:00 Coffee Break

17:00 - 18:00 Keynote Lecture: Molly Byrne: Increasing the impact of behaviour change intervention research: Is there a role for patient and public involvement?

Thursday, 23 Aug

9:00 - 10:30 Parallel Sessions

SYMPOSIUM: Challenging the qual/quant divide: Combining methods in health psychology research

Chair: Olivier Luminet

Room: Room1

- 9:00 Introduction
Olivier Luminet
- 9:15 'Its like living with a ghost': Experiences of intimate partners of people living with depression
Maria Dempsey
- 9:30 Different factors underlying food choices for varying levels of nutritional involvement: a mixed model study.
Maartje DGH Mulders
- 9:45 The Use of Dual Focus Methodology in the Study of Experiences of Health and Illness
Carla Willig
- 10:00 From mixing methods to logic(s) of inquiry: revisiting mixed design studies in health psychology
Rachel Shaw
- 10:15 Discussion
Nollaig Frost

SYMPOSIUM: A NZ and UK perspective of health psychology: Uniting training, research, practice and policy

Chair: Marie Johnston

Room: Room2

- 9:00 TRAINING Health Psychologists to Improve Scotland's Health: Tracking progress
Vivien Swanson
- 9:15 HEALTH Psychology in practice and training: University-based Health and Cancer Psychology Services in New Zealand:
Maria Berrett
- 9:30 ACCEPTABILITY and feasibility of delivering a behaviour change techniques training programme for diabetes health professionals
Wendy Maltinsky
- 9:45 HEALTH psychology-informed practice promotes research: exploring peer support groups for those with long-term health conditions
Sara Joice
- 10:00 Activity: What happens in between NZ and Scotland?
Sara Joice
- 10:15 Discussion
Diane Dixon

SYMPOSIUM: Social relationships and health across the illness trajectory: Challenges of harnessing social support for health

Chair: Ann-Marie Creaven & Tracey A. Revenson

Room: Room3

- 9:00 Evaluating the impact of social group membership on physical activity using national ParkRun data
Ann-Marie Creaven
- 9:15 How does participation within online support communities empower spinal cord injury patients?
Neil Coulson

- 9:30 Social support and hindrance for completing web-based pain coping skills training: Expectations, reality, and implications
Christine Rini
- 9:45 Pain, catastrophizing, and caregiver support in people living with spinal cord injury
Ellen Stephenson
- 10:00 Social support and caregiver health: Exploring the role of stress appraisals
Stephen Gallagher
- 10:15 Discussion
Tracey Revenson

Quality of life and well-being in everyday life

Chair: TBC

Room: Room4

- 9:00 Couples coping with the transition to retirement: oral and written disclosure in daily life
Andrea B. Horn
- 9:15 The study of daily life in older age: Life contexts and subjective experience.
Maria Ferreira
- 9:30 Electronic media device use before bed and during sleep time: Lifespan perspective of Australian adults
Susan Crebbin
- 9:45 First time blood donation: Investigating the differential impact on psychological well-being resulting from contrasting experiences
Klara Greffin
- 10:00 Relational entitlement, daily interactions and couple satisfaction
Maria Nicoleta Turluc
- 10:15 Using Ecological Momentary Assessment to study physical activity, screen-time and affect in adolescents
Jennie Blicher-Hansen

Individual differences and health behavior

Chair: TBC

Room: Room5

- 9:00 Time for a meta-analysis: The consideration of future consequences and health behaviour
Lisa Murphy
- 9:15 Dispositional compassion is associated with health behaviors
Mirka Hintsanen
- 9:30 Self-compassion and hazardous alcohol use: Testing the mediating roles of affect and drinking motives
Peter McCoy
- 9:45 The affect of personality on medication adherence in chronic illness conditions
Deborah J Owen
- 10:00 Multidimensional perfectionism is differentially associated with health behaviours beyond negative affect
Fuschia Sirois
- 10:15 Neuroticism predicts all-cause mortality: A 19-year follow-up study of older adults
Páraic Ó Súilleabháin

SYMPOSIUM: Disparities in pain care: Psychosocial accounts and implications for practice and policy

Chair: Sónia Bernardes

Room: Room6

- 9:00 Disparities in provider and lay expectations for pain treatment
Raymond Tait
- 9:15 Contextualizing the effects of patient social status on nurses' pain assessment and management practices.
Lúcia Campos
- 9:30 On the dehumanization of low social status pain patients: A qualitative study
Sónia Bernardes

- 9:45 Using Virtual Humans to reduce pain treatment disparities: Patient- and provider-focused interventions
Adam Hirsh
- 10:00 Discussion
Line Caes
- 10:15 Activity: Video presentation and whole panel and audience debate about implications for research, clinical practice and public health initiatives
Adam Hirsh

Organ donation, and weight-related behaviours

Chair: TBC

Room: Room7

- 9:00 Multiple emotion group trajectories predict repeat donation behaviour
Anne van Dongen
- 9:15 Tailoring lifestyle interventions to low socioeconomic populations; a qualitative study
Nia Coupe
- 9:30 Investigating the conditions for the effectiveness of nudging: cue-to-action nudging increases familiar vegetable choice
Valérie Broers
- 9:45 An EMA investigation of situational cues responsible for fat talk in Japanese women
Ai Takamura
- 10:00 "Could you sit down please?" Employees' experiences of standing in normally-seated workplace meetings
Benjamin Gardner
- 10:15 The effect of reciprocity priming on organ donor registration intentions and behaviour
Ronan O'Carroll

Public health interventions with young people

Chair: TBC

Room: Room8

- 9:00 Parents of teenage boys – knowledge and acceptability of the HPV vaccination
Sue Sherman
- 9:15 Parental cognitive bias in child influenza vaccination: interpretation bias is associated with intention to vaccinate
Louise Smith
- 9:30 School-based educational and on-site vaccination intervention in an urban area
Norma Bethke
- 9:45 Attitudes and knowledge of e-cigarette use in secondary school children and adults.
Liz Simpson
- 10:00 A school-based obesity prevention programme: theoretical and methodological lessons learned
Gill ten Hoor
- 10:15 Australian Capital Territory It's Your Move: lessons learnt for the prevention of mental illness
Erin Hoare

10:30 - 11:00 Coffee Break

11:00 - 12:30 Parallel Sessions

ROUNDTABLE: Beyond academia: Opportunities and challenges of applying health psychology research in practical settings

Chair: Rachel Carey

Room: Room 1

- 11:00 Welcome and opening remarks
Rachel Carey
- 11:05 Policy Perspective
Nelli Hankonen

- 11:17 Healthcare Professional Perspective
Fabiana Lorencatto
- 11:29 Multinational Health Technology Company Perspective
Joyca Lacroix
- 11:41 Digital Health Startup: UX Perspective
Carmen Lefevre-Lewis
- 11:53 Social Impact Startup Perspective
Rachel Carey
- 12:05 General Discussion
- 12:25 Summing up and next steps

ROUNDTABLE: Identifying useful synergies of theory and methods across non-clinical and clinical fatigue

Chair: Daniel Powell & Derek Johnston

Room: Room2

- 11:00 Introduction and overview
Daniel Powell
- 11:10 Presentations
Samuele Marcora, Stefaan Van Damme, Fabiola Muller, Alison Wearden
- 11:50 Chaired discussion
- 12:25 Summarising and ending the session
Derek Johnston

SYMPOSIUM: Women's health issues across the lifespan: Identifying risks and opportunities for change

Chair: Efrat Neter

Room: Room3

- 11:00 HPV vaccination acceptability among Romanian young women
Adriana Baban
- 11:15 The difficult road to infertility treatment: Women's experiences of interacting with medical providers
Irina Todorova
- 11:30 3. Exercising in a commercial pregnancy-specific setting; Comparison to sedentary and long-exercising pregnant women
Efrat Neter
- 11:45 Women's perceptions and parental practices as predictors of child energy expenditure behaviors and body mass
Monika Boberska
- 12:00 Being very successful is important to her: Self-enhancement values among disadvantaged women following retirement
Ewa Gruszczynska
- 12:15 Discussion
Karen Morgan

Communicating health: health, risk, and decision making

Chair: TBC

Room: Room4

- 11:00 Development of targeted communication strategies to promote prudent antibiotic usage: needs assessment among the public
Vanessa Feck
- 11:15 Perspectives of individuals with refractory irritable bowel syndrome on their GP interactions: A qualitative study
Alice Sibelli

- 11:30 Using positively framed risk information in patient information leaflets to reduce side-effect reporting
Rebecca Webster
- 11:45 Change and Habituation in Risk Perception after Health Risk Feedback
Josianne Kollmann
- 12:00 Stable or currently changing? Visualizing the trajectories of risk perception over 1.5 years
Nadine Lages
- 12:15 Visual attention when using a patient decision aid: an eye-tracking study among older cancer patients
Olga Damman

Automaticity and implicit cognitions

Chair: TBC

Room: Room5

- 11:00 Testing a three-phase integrated model of health behaviour for binge drinking and dental flossing
Daniel J Brown
- 11:15 Feeling all over the place: Daily variability in negative affect and cue responsiveness in snacking
Benjamin Schüz
- 11:30 Bigger buffet, different choices? Assortment size, implicit and explicit attitudes as food choice precursors.
Tobias Volk
- 11:45 Exploring Approach Bias for Exercise Cues: An Application of the Implicit Association Test
Thomas Hannan
- 12:00 How conscious and unconscious cognitions jointly determine reduced red meat intake
Carolyn Muschalik
- 12:15 Testing an integrated dual process, dual-phase model for sugar consumption among university students
Kyra Hamilton

SYMPOSIUM: Longitudinal perspectives on close relationships and health – from microprocesses to macroprocesses

Chair: Urte Scholz & Gertraud Stadler

Room: Room6

- 11:00 Predicting the provision of positive and negative health-related social control in dual-smoker couples
Urte Scholz
- 11:15 We had such a good time – or did we? On companionship, well-being, and health
Gertraud (Turu) Stadler
- 11:30 Invisible, visible and no support from recent acquaintances impact the stress response in the lab
Niall Bolger
- 11:45 Children's Unhealthy Eating and Body Fat Explained by Parental Pressure to Consume Food at Meals
Aleksandra Luszczynska
- 12:00 Early family stress predicts divorce in stepfamilies: findings from a 20-year prospective study
Anita DeLongis
- 12:15 Discussion
Caterina Gawrilow

Community and population public health interventions

Chair: TBC

Room: Room7

- 11:00 Communicating evidence of effectiveness for government policies and its impact on public support: A meta-analysis
James Reynolds
- 11:15 Taxes, labels, or nudges? Public acceptance of various interventions aimed at reducing sugar intake
Désirée Hagmann
- 11:30 Consumption of sugar sweetened beverages: Informed choice or a product of an obesogenic environment.
Kirsten Robertson

- 11:45 Reducing loneliness in older adults: Using RE-AIM to evaluate community-based physical activity programmes.
Sarah Hotham
- 12:00 Testing a self-efficacy based intervention to improving acute stroke response: An experimental online study
Lea Wilhelm
- 12:15 Identifying micro actions in colorectal cancer screening: a secondary analysis of qualitative data
Marie Kotzur

Behaviour change: theory informed practice

Chair: TBC

Room: Room8

- 11:00 Evolutionary learning processes as the foundation for behaviour change
Rik Crutzen
- 11:15 Self-managing motivation and behaviour change: Developing a taxonomy and toolkit of self-enactable techniques
Keegan Knittle
- 11:30 Examining the effectiveness of a proximity nudge on food choice with few and many options
Laurens van Gestel
- 11:45 Expectations on Behavior Change Techniques: Experimental data on the conditions under which BCTs are effective.
Arie Dijkstra
- 12:00 A theory-, evidence and person-based approach to developing an engaging and acceptable asthma self-management intervention.
Ben Ainsworth
- 12:15 A person-based process evaluation: implementing a digital intervention for hypertension in primary care
Katherine Morton

12:30 - 14:00 Lunch

12:30 - 14:00 EHPS Members' Meeting

14:00 - 15:30 Parallel Sessions

STATE OF THE ART: Improving the interpretation of research findings

Chair: TBC

Room: Room1

- 14:00 Developing MRC guidance: Reducing bias in complex intervention RCTs due to participant reactions to measurement
David French
- 14:45 Control group support varies between trials and affects outcomes: A meta-analysis of smoking cessation trials
Nicola Black
- 15:00 Enhancing reproducibility and comprehension of research findings: Transparent communication of quantitative results using modern tools
Matti Heino
- 15:15 What do they really measure? Examining the content validity of self-efficacy scales
Alison Burrell

Theory testing and development in health behaviour context

Chair: TBC

Room: Room2

- 14:00 Are Theory-Based Interventions More Effective Than Non-Theory Based Interventions? A Systematic Review Of Systematic Reviews
Rebecca Dalgetty
- 14:30 Do coping plans really help to cope? Exploring relationships between coping plan characteristics and self-efficacy
Lena Fleig

- 14:45 What predicts the uptake of mindfulness practice in youth? Applying the Reasoned Action Approach
Marguerite Beattie
- 15:00 Boys to men: How do male eating disorders and related conditions differ across the lifespan
Marita McCabe
- 15:15 Physical pain sensitivity and suicide risk: the relationship between entrapment and acquired capability for suicide
Rory O'Connor

Behavioural science approaches in implementation and health services research

Chair: TBC

Room: Room3

- 14:00 Behavioural determinants of healthcare provider compliance with infection prevention guidelines: systematic review of qualitative literature
Lauren Clack
- 14:15 Methods to help non-psychologists to identify the health professional behaviours that need to change
Lucie Byrne-Davis
- 14:30 Barriers/enablers to implementing guidance: a theory-based study, investigating healthcare-professional behaviours around prompt urinary catheter removal
Sebastian Potthoff
- 14:45 A feasibility study using the Behaviour Change Wheel with healthcare teams in organisations implementing change
Eleanor Bull
- 15:00 Using the Behaviour Change Wheel to develop a behavioural intervention to target pre-operative alcohol consumption
Leah Avery
- 15:15 Exploring a method for using The Behaviour Change Technique Taxonomy to live code education interventions
Jo Hart

Chronic disease in young people

Chair: TBC

Room: Room4

- 14:00 PEDIATRIC CHRONIC PAIN AND ADJUSTMENT: THE MEDIATING ROLE OF ACCEPTANCE, CATASTROPHIZING AND KINESIOPHOBIA
Nuno Ferreira
- 14:15 Uncertainties tied to developmental tasks among young adults with hematologic malignancies: An abductive, qualitative analysis
Aliza Panjwani
- 14:30 The impact of the relapsing-remitting cycle in eczema in young people: a secondary qualitative analysis
Daniela Ghio
- 14:45 "Irish children and teachers' insights on proactively supporting primary school children with Juvenile Idiopathic Arthritis".
Siobhán O'Higgins
- 15:00 Online pain management for pre-adolescent children: Participative research meaningfully informs intervention design and development.
Angeline Traynor
- 15:15 Investigating the feasibility and acceptability of a psychosocial intervention for adolescents with type 1 diabetes
Caroline Heary

Stress and health behaviours

Chair: TBC

Room: Room5

- 14:00 Understanding social disadvantage and smoking through the experience of daily stress
Tina Jahnel

- 14:15 The effects of elicited emotions on physiological responses and communication in romantic couples
Jolanta Enko
- 14:30 Self-compassion and psycho-physiological recovery from recalled sport failure
Laura Ceccarelli
- 14:45 Does listening to music support coping with induced stress? Comparing self-chosen and research-chosen music
AnnMarie Groarke
- 15:00 Evaluation of the German Version of the Stress and Adversity Inventory for Adults (Adult STRAIN)
Sarah C. Sturmbauer
- 15:15 The effects of Rescue Remedy and enhanced consultation on stress: A placebo-controlled RCT
Tríona O'Donnell

Individual differences in coping with chronic illnesses and syndromes

Chair: TBC

Room: Room6

- 14:00 Personality functioning in adolescents and emerging adults with type 1 diabetes: A longitudinal approach
Jessica Rassart
- 14:15 Relationship between time perspective and self-monitoring of blood glucose among people with type 1 diabetes
Harriet M. Baird
- 14:30 The role of psychosocial factors on the relapse of Crohn disease
Agathe Lainé
- 14:45 Association between psychiatric disorders and vulnerability to stress-related asthma attacks
Claudia Gemme
- 15:00 Cognitive Bias Modification to relieve fatigue symptoms: preliminary results from a self-identity fatigue IAT
Marcel Pieterse
- 15:15 Real men don't cry: skill expressing emotions differentially predicts CVD risk in men and women
Nathan Consedine

SYMPOSIUM: Sex, gender and pain: a lifespan perspective

Chair: Edmund Keogh

Room: Room7

- 14:00 Understanding the influence of gender on pain in the parent-child context
Katelynn Boerner
- 14:15 Exploring gender-related beliefs about pain communication behaviours
Edmund Keogh
- 14:30 A qualitative exploration of gender norms and stereotypes related to pain relief in Britain
Samantha Wratten
- 14:45 Self-reported coping strategies and psychological impact of men with rheumatoid arthritis
Caroline Flurey
- 15:00 Discussion
Sónia Bernardes
- 15:15 Activity: Whole panel and audience debate about implications for research, treatment and policy
Edmund Keogh

Digital interventions for health behavior change

Chair: TBC

Room: Room8

- 14:00 The impact of digitally-supported personalised goals to reduce sedentary behaviour in a clinically obese population
Jane Walsh

- 14:15 MAPS: a highly tailored intervention to support medication-adherence in primary care. A randomized feasibility trial.
Katerina Kassavou
- 14:30 The impact of an mHealth self-management intervention on health outcomes in cancer survivors.
Jenny Groarke
- 14:45 Social exchange in smartphone-based chat groups: Mechanisms of an mhealth intervention to promote healthy eating
Jennifer Inauen
- 15:00 A smartphone app with personalised text messaging to target alcohol use in an ex-serving population
LAURA GOODWIN
- 15:15 Ethical challenges in international m-health intervention studies.
Simon Spahrkäs

15:30 - 17:00 Interactive Posters

e/mHealth for changing health behaviours

Chair: TBC

Tablet use is associated with increased physical activity and decreased loneliness in older adults
Theresa Pauly

Everyday music listening and its impact on affect regulation and physical activity.
Orna Murray

To identify efficacious self-regulation techniques in an e- and mHealth intervention targeting an active lifestyle.
Helene Schroé

Sex difference in physical activity changes to an e-health behaviour change intervention.
Prerna Deshpande

Activity Matters: A Web-based resource to enable people with Multiple Sclerosis to become more active.
Blathin Casey

A family-based m-health intervention to promote physical activity and healthy eating
Kathrin Wunsch

Examining the association between food outlets and eating behaviour: A Geographic Information System (GIS) study
Katherine Elliston

Feasibility and usability of the "Location-Based Communication" app: navigating food tempting environments in real life
Jorinde Spook

E/mHealth for Supporting those with Chronic Illness

Chair: TBC

Reducing the patient interval for breast cancer: developing a digital intervention using the Person-Based Approach
Emma Carr

Designing eHealth interventions for self-management of chronic conditions: Identifying facilitators and barriers from patient perspectives.
Paul O'Reilly

The influence of music on affect regulation and post-traumatic growth in a cancer population.
Nikolett Warner

Chronic pain and digital health: a mixed methods research
Claudia Véron

Web-based video-animated and text-tailored advice for Dutch type 2 diabetes patients for improving treatment adherence
Stan Vluggen

Developing brief messages to support medication adherence in people with type 2 diabetes.
Hannah Long

The ACTION randomised-control-trial: An online Acceptance-and-Commitment Therapy intervention for people with chronic pain and multimorbidity.
Brian Slattery

Feasibility of tailored eHealth/mHealth physical activity and sedentary behaviour change advice among breast cancer survivors.
Cynthia C Forbes

Occupational health and mental health promotion

Chair: TBC

Mental Health Promotion for Japanese City Employees
Koji Takenaka

ACT at Work: Improving Workers Depression and Stress Levels within a Spanish Intensive Care Unit.
Luis Manuel Blanco

Nursing students lifestyles throughout their university degree course
Márcia Cruz

Health education among undergraduate music students: A course evaluation
Raluca Matei

Embedding practitioner experience in health psychology student training: Development of a student-delivered health coaching service
Julia Allan

Seasonal flu vaccination: what (de)motivates health employees?
Nataša Dernovšek Hafner

Family & Health

Chair: TBC

Family Health Culture, Health Locus of Control and Health Behaviours in older children
Tony Cassidy

Consequences of the Greek economic crisis on parents' mental health, parental behaviour and children's behaviour
Eirini Papanikolaou

Family Assets and Their Associations with Positive Youth Development in Early Adolescence
Jaroslava Macková

Well-being orientations within the family: hypotheses of intergenerational transmission.
Matilde Nicolotti

"It's not fair!" Parental perceptions of injustice in the interpersonal context of pediatric pain.
Fleur Baert

Infertility practitioners experience of the psychological sequelae of unmet parental goals: A Delphi Consensus Study
Siobhan Moore

How do people experience a family member's highly lethal self-harm? A qualitative study
Karen Matvienko-Sikar

Making sense of premature birth: a qualitative study among fathers of newborns in a NICU
Magdalini Dargentas

Medicine use in early childhood: Which vaccines, branded or generic medicines do parents choose?
James Green

Stress, coping & wellbeing during childhood & adolescence

Chair: TBC

The role of individualism and collectivism in flexible coping with stress of Polish adolescents
Agnieszka Kruczek

Adverse and protective childhood experiences in sexual minority men: Implications for sexual and mental health
Jeffrey Parsons

Do more adverse childhood experiences also mean more emotional and behavioural problems?

Miriama Lackova Rebicova

Factors associated with mental health and quality of life of young carers: a study protocol.

Eléonore Jarrige

How the use of Instagram impacts on adolescents' well-being: An Italian study

Clelia Malighetti

Exploring sex differences in expressive writing intervention

Maria Luisa Martino

Electronic media and young children's health: are there more risks behind the screens?

Roma Jusiene

Image and Emotions; Body Dissatisfaction in Puberty and Adolescence

Isabella Muscolino

Violence exposure and risk behaviours in South African adolescents: the moderating role of emotion dysregulation

Xincheng Sui

Behaviour Change principles and practices

Chair: TBC

Moderating effect of anticipated regret in intention-behaviour relationship in the case of daily water intake

Daniela Caso

A qualitative study of men's attitudes to UV exposure and a facial morphing intervention

Sofia Persson

Feasibility randomized trial of risk communication interventions for promoting cancer genetic risk assessment

Anita Kinney

6 months follow-up of a motivational-volitional intervention for patients with breast cancer

Wiebke Goehner

Behaviour change techniques delivered in animation: increasing intentions to seek help promptly with cardiac symptoms

Barbara Farquharson

Health behaviour change through lifestyle-integrated functional training: results of a pilot study

Sarah Labudek

Intervention planning for a digital intervention to reduce risk of diabetic foot re-ulceration

Katy Sivyer

Patterns of weight loss and their determinants in overweight adults

Michelle Eykelenboom

Smoking, alcohol and substance use

Chair: TBC

Examination of the acquired preparedness model: affect-related expectancies mediate effects of impulsivity on smoking addiction

Yankı Süsen

How do Compensatory Health Beliefs affect smoking behaviour after a quit attempt? A multilevel study

Melanie Amrein

Smoking cessation in pregnancy within the scope of health behavior models: A review

Didem Acar

A "Trans-Behavioral" model of motivation in academic context

Federica Galli

Living and doing health behaviour: a meta-synthesis and sub-group analysis

Dominic Conroy

Living on shifting sands; An interpretative phenomenological analysis of the experience of mothering substance-misusing teenagers

Emma Maynard

Fidelity, alcohol use and the effectiveness of the universal drug prevention program Unplugged
Marcela Štefaňáková

Quality of life and well-being in chronic disease and ageing

Chair: TBC

Having the cup of tea: The significance of relationships in homecare for older people
Ihara mullins

DEPRESSION, QUALITY OF LIFE AND PAIN IN CANCER PATIENTS
LAVINIA MARIA HOGEA

The predictors of positive and negative consequences after transplantation.
Paulina Rosińska

Strength interventions for people with chronic diseases: a systematic review of approaches and effects
Christina Bode

An Examination of Relations between Death Anxiety, Spirituality, and Quality of Life among Senior Citizens
Shibu Dharmarajan

Empirical Testing of the Lazarus' Hope Model
Monika Małkiewicz

Learning in the "third age" as a way to improve seniors' well-being and cognitive functioning
Elena Belovol

Detecting potential gaps between patient-reported outcome criteria and instruments in telemedical settings: a systematic review
Klara Greffin

Examination of the Relationship between Resilience, Rumination, and Subjective Well-being in Individuals with Autoimmune Disorders.
Renaë McNair

Measurement tools and evaluation of psychological aspects of chronic illness

Chair: TBC

Profiles of Psychological Adaptation to Spinal Cord Injury at Rehabilitation Discharge
Mayra Juliana GALVIS APARICIO

Development and validation of the Multidimensional Fatigue Inventory (MFI) Short Form
Louise Baussard

Cultural adaptation of the Goal Pursuit Questionnaire (GPQ) for Spanish women with fibromyalgia
Ana Lledó

COPD patients: psychological and neuropsychological assessment in a rehabilitative setting
Antonia Pierobon

Neuropsychological and psychological aspects in Myotonic Dystrophy Type 1 patients
Enrico Giuseppe Bertoldo

Development and validation of a self-report measure of practical barriers to adherence (PBAQ)
Amy Chan

Psychological and emotional aspects of chronic disease

The influence of personality traits on anxiety and coping in glaucoma and diabetic retinopathy patients
Cristina Dan

Health-related quality of life in Chilean women with Sjögren's Syndrome
Matias Rios-Erazo

Patient-related barriers in the uptake of psychological care in cancer patients with depressive symptoms
Esmée Bickel

The effect of interoceptive awareness on Depressive Mood and Reward Perception
Hiro Yoshi Ogishima

Personal resources - resiliency and hope and flexibility in coping with stress among oncological patients
Małgorzata A. Basińska

Psychological well-being in patients with obstructive sleep apnoea: the role of hostility and coping
Vladimira Timkova

Do preoperative depression and disordered eating patterns influence weight changes among post-bariatric surgery patients?
Kim L. Lavoie

Self-compassion, adaptive reactions, and health behaviours among people with prediabetes and diabetes: A systematic review
Brittany Semenchuk

Psycho-social issues and chronic disease

Chair: TBC

BREAST CANCER AND YOUNGER WOMEN: NARRATIVE MARKERS OF COPING DURING MEDICAL TREATMENT PHASES
Maria Luisa Martino

Using internet to obtain information about an unknown disease; the case of the Sjögren Syndrome
Gonzalo Rojas-Alcayaga

Encountering and enacting masculinity in the context of breast cancer: A multi-method qualitative inquiry.
Kerry Quincey

Ambulatory care point influence on quality of life and psychological well-being in heart failure patients.
Katarzyna Piotrowicz

SUBJECTIVE and objective financial hardship: the role of financial coping in colorectal cancer survivorship
Paul Hanly

Health literacy associations with selected health status indicators among patients with cervical dystonia: preliminary results
Peter Kolarcik

Emotional distress and perceived competence to maintain COPD treatment
Celeste Bastos

Psychometric properties of measures in health psychology

Chair: TBC

The Flexibility Coping Questionnaire - 14 (FCQ - 14) in Polish adolescents
Izabela Grzankowska

The Perceived Stress Scale: Factor Structure and Measurement Invariance across Gender and Four Countries
Milica Lazić

Examination of the brief smoking consequences questionnaire-adult: information related to its psychometric properties
Yankı Süsen

Personality structure measured by BFI-10 cannot be replicated in Portuguese dialysis patients
Krister Cromm

Core Outcome Sets and Health Psychology
Karen Matvienko-Sikar

Psychometric validation of the Dutch Rivermead Post-Concussion Symptoms Questionnaire (RPQ) after Traumatic Brain Injury (TBI)
Anne Marie Plass

Validation of Slovak Version of the Irrational Health Belief Scale
Lukas Pitel

Just Do It: Lifestyle Health Behaviour Intervention

Chair: TBC

Scoping reviews: causes of non-adherence in people with Multiple Sclerosis and response to intervention
Clare Moloney

Exploring patient experience of a six-month milk-based weight management programme – A qualitative investigation
Katie Cullen

An educational intervention to reduce epilepsy related stigma
Ivana Hudecová

Genetic counseling for children and adolescents: a systematic review
Madalina Radu

Feasibility Study- Individual Physical Activity Behaviour Change Intervention for Breast Cancer Survivors within the NHS.
Marie-Clare Johnson

Psychosocial interventions to increase physical activity in young people living with and beyond cancer
Ainslea Cross

To reveal or conceal? Construction of a decision aid for employees with a chronic condition
Jana Felicitas Bauer

An intervention to support treatment management for the chronic disease of HIV: The SUPA Intervention.
Kathryn King

Implementation and evaluation of a digital coaching ecosystem in primary care to support chronic patients
Joyca Lacroix

Occupational stress in human services

Chair: TBC

Psychological factors, somatic concerns and secondary traumatic stress in female domestic violence support specialists
Soraya Matthews

Empathy, styles of coping with stress and burnout among psychiatric nurses.
Ewa Wilczek-Ruzyczka

Factors contributing to occupational stress among remand prison staff: findings from qualitative research
Loreta Gustainienė

Association of rumination and social support with recovery experiences among human service professionals
Naoko Kamba

Psychosocial working conditions and the professional burnout in the group of hospice nurses
Patrycja Stawiarska

Effects of personality traits on the resilience of Japanese nurses
Junko Seino

Coping Strategies as Mediator of Hardiness and Professional Life Stress among House-job Doctors
yousaf jamal

Individual differences in health cognitions

Chair: TBC

Alexithymia and vulnerability to somatic and mental disorders: The role of cognitive and emotional processes
Olivier Luminet

Humour, laughter, and health: A social-cognitive approach
David Korotkov

Investigating the role of positive psychology approaches for understanding body dissatisfaction in women
Sandy Belle Rosales Cadena

Exploring Social Network Visualisation: Individual Differences, Stress and Health in Adults with Autism and Controls
Julie Turner-Cobb

The role of social support and failure mind-sets in the procrastination and stress appraisals relationship
Sisi Yang

Predicting partner notification intentions for sexually transmitted infections: The role of outcome beliefs and self-efficacy.
Niki Nearchou

What drives severe haemophilia patients' decisions to change treatment? A qualitative study.
Anna O'Sullivan

Profiling the health and dispositional related correlates of the Underdog
David Korotkov

Global Health, Culture and Well-Being

Chair: TBC

Autonomy, migration and well-being among university students
Jozef Benka

Social cohesion and identity protect adults exposed to an earthquake from PTSD
paula repetto

Culturally sensitive activities and objects associated with physical activity and sedentary behavior
Tania Bermudez

Social position and health: Social norms guide impulsive behaviours towards money and food
Maria Almudena Claassen

Exploring supported self-management practices of healthcare professionals for South Asian patients with asthma
Salina Ahmed

Raising sustainability awareness: a participatory action approach in health among higher education students in Switzerland
Sébastien Miserez

Medicalization of ageing – cultural and global aspects based on selected movies and media messages
Eryka Probiez

#MeToo: examining the differential impacts of sexual harassment and assault on women's health and wellbeing
Liz Temple

Modified HBM: NEUROTICISM, RISK-PERCEPTION, PERCEIVED BARRIERS OF EMIGRATION AND EMIGRATION INTENTIONS
Marta Kulanová

Stress & Physiology

Chair: TBC

Dysfunctional Emotion Regulation Mediates the Relationship between Emotional Intelligence and Cardiovascular Recovery from Stress
Aisling Costello

Self-compassion and cardiovascular recovery from stress.
Samantha Dockray

Cognitive effects of increased noradrenergic activity by yohimbine in patients with major depression
Christian Eric Deuter

Type D personality, social interactions and perceived life events stress
Adam O' Riordan

ALEXITHYMIA AS AN PSYCHOLOGICAL ASPECT OF PRIMARY HYPERTENSION
Małgorzata Piotrowska-Połrolnik

Does Heart Rate variability a real proxy of self emotion regulation?
carole fantini

Health Prevention and Interventions in Older Adults

Chair: TBC

Educational Interventions for improving clinicians' competencies to detect, diagnose and manage cognitive impairment and dementia
Summer Xu

Understanding the Experience of Alzheimer's Disease Diagnosis Disclosure: The Patient-Carer Dyads' Lived Experience
Deborah Spiteri

Sleep disturbances are associated with behavioral and psychological symptoms with cognitive impairment in Asia
Cheuk Ni Kan

Aging and trauma survivors – The longitudinal impact of captivity and PTSD on cognitive performance
Roy Aloni

Exercise participation and adherence in adults with Mild Cognitive Impairment (MCI): A mixed methods study.
Leona Connolly

Relationship between physical fitness and falls among community-dwelling elderly in Japan
Koji Yamatsu

What motivates older adults to participate in a falls prevention program?
Greta Magdalena Anna Steckhan

Co-designing a behaviour change intervention for older adults living with cancer: determining a theoretical basis.
Lynsey Brown

Health professionals' roles in supporting health behaviours

Chair: TBC

Investigating midwives' beliefs about their Public Health practitioner role
Julie McLellan

Supporting health behaviours in young pregnant and postnatal women: an interview study with healthcare professionals
Ellinor Olander

Adults with asthma and pharmacist-led medication adherence support in general practice
Marissa Ayano Mes

Midwives views of providing specialist care for pregnant women with a BMI \geq 40kg/m².
Sinéad Currie

Collaborating with health professionals to support women with a BMI $>$ 30kg/m² to breastfeed
Stephanie Lyons

Health Care Professionals' Support For Adherence to Multiple Medications
Julia Roseman

Personal risk readiness and the framing effect in medical doctors
Yulia Krasavtseva

Change in health care services

Chair: TBC

"Around the edges": characterising a multilevel implementation intervention using behaviour change techniques
Sheena McHugh

Challenges with the use of the Intervention Mapping protocol for changing hospital practices
Véronique Thébaud

Applying a theoretical framework to assess acceptability of a patient-initiated service: a qualitative analysis
Mandeep Sekhon

"BGM-innovativ": Workplace-related, cross-provider healthcare management of company health insurance funds
Lara Lindert

Assessing readiness for implementing a measurement based care system in military mental health treatment facilities
Jennifer Lee

A systematic review to assess the preventability of readmissions; lack of patient involvement and extramural-caregivers
Eva Kneepkens

15:30 - 17:00 Coffee Break

- 17:00 - 18:00 Keynote Lecture: Alex Rothman: In pursuit of principles that are practical: Pasteur's quadrant and the study of health behavior change
- 19:30 - 23:00 Dinner

Friday, 24 Aug

9:00 - 10:30 Parallel Sessions

The role of barriers and motivational processes for self-regulation and behavior.

Chair: TBC

Room: Room1

- 9:00 Regulatory focus and self-determination theory: A fit account to predict intention to improve nutrition habits.
Fanny Lalot
- 9:15 Self-determined motivation explains behavioural and emotional responses to lapses in exercise behaviour
Stephen Murphy
- 9:30 How are SDT-based interventions put into practice in relation to established taxonomies of behaviour change?
Fiona Gillison
- 9:45 The associations among motivation, health-related behaviours, and the DNA methylation of TNFa
Richard Steel
- 10:00 The role of self-regulation in and barriers to self-monitoring of weight
Kerstin Frie
- 10:15 Daily goal conflict and adherence to dieting goals: An ecological momentary assessment study
Katherine Elliston

Perceptions and experiences of healthcare delivery

Chair: TBC

Room: Room2

- 9:00 Effects of multidisciplinary lung cancer care on patients' satisfaction and psychosocial outcomes
Kenneth Ward
- 9:15 Transitional care following acute coronary syndrome: patients' perceptions and early experiences in two countries
Jacob Crawshaw
- 9:30 Quality of care and childbirth experience in Serbian public healthcare institutions
Biljana Stankovic
- 9:45 Exploring health care professionals approach to lifestyle management in pregnant women with a BMI ≥ 25
Caragh Flannery
- 10:00 "Let's talk about healthy aging": Aging perceptions and active aging policy implementation among Romanian doctors
Irina Catrinel Craciun
- 10:15 New cultural competences needed for health teams as a priority in chronic healthcare.
Michèle BAUMANN

Predictors of occupational stress consequences

Chair: TBC

Room: Room3

- 9:00 Is healthcare dyadic fit negatively associated with providers' burnout and intent to leave? Preliminary results
Magali Genet
- 9:15 Exploring registered nurses' stress associated with quality of work life factors in Northeastern Ontario, Canada
Judith Horrigan

- 9:30 Beyond stress management behavior: The HAPA framework even predicts stress reactions in Japanese office workers.
Yasuo Shimizu
- 9:45 Is stress of options linked to psychological well-being? An exploratory study among upper level managers
Sabrina Zeike
- 10:00 Psychological and physiological responses of firefighters to a simulated emergency.
Katie Andrews
- 10:15 Symptoms of job burnout: results from a 10-day diary study among public servants
Beata Basinska

Individual, social and societal influences on health and well-being

Chair: TBC

Room: Room4

- 9:00 The relationships of dispositional compassion with psychological well-being and happiness
Aino Saarinen
- 9:15 The impact of weight perceptions in health and well-being: A multiple mediation model
David Dias Neto
- 9:30 The multilevel impact of individual characteristics and classroom composition on students' psychological well-being
Fabio Alivernini
- 9:45 Peer versus Family Support: Effect on the Life Satisfaction of Luxemburgish Adolescents
Carolina Catunda
- 10:00 Mechanisms of transmission of health and health beliefs across three generations over the life-course
Nienke Slagboom
- 10:15 Understanding societal judgements of health conditions in the United Kingdom and Germany
Carmen Lefevre

Emotions and adaptation in chronic disease

Chair: TBC

Room: Room5

- 9:00 PSYCHOSOCIAL RESILIENCE CONTRIBUTES TO BETTER GLYCAEMIC CONTROL IN PEOPLE LIVING WITH TYPE 1 DIABETES
Jörg Huber
- 9:15 Resilience and positive affect are related to the experience of fatigue in rheumatic disease.
Erik Taal
- 9:30 The experience of self-conscious emotions in Inflammatory Bowel Disease: A Thematic Analysis
Noelle Robertson
- 9:45 "It was a relief, to know what I was suffering with": Patients' experiences with achalasia.
Amelia Hollywood
- 10:00 Effects of mindfulness-based cognitive therapy on self-reported psoriasis, anxiety, depression, wellbeing and quality of life.
Alan Maddock

Health and well-being in the face of disease

Chair: TBC

Room: Room6

- 9:00 Longitudinal trajectories of psychological adaptation after the onset of chronic health conditions (Work in progress)
Caroline Debnar
- 9:15 Validation of a quality of life battery for carers of people with Multiple Sclerosis (MSQoL-C)
Gogem Topcu
- 9:30 Well-being in autoinflammatory diseases: impact of illness perception, coping strategies and the distribution of dependency
Sabrina Cipolletta

- 9:45 Meaningfulness of life, existential despair and loneliness in cancer patients
Shulamith Kreitler
- 10:00 Relationship between the life-style and long term mortality among middle-aged men
Antanas Goštautas
- 10:15 Postraumatic growth following spinal cord injury: the relationships between cognitive processes, social support and mood.
Brian O Ceallaigh

Chronic illness during childhood: Experiences of children & their families

Chair: TBC

Room: Room7

- 9:00 Exploring the measurement of fatigue in adolescents with HIV in South Africa
Bronwyne Coetzee
- 9:15 Do individuals with and without chronically ill and/or disabled siblings differ in empathy and personality?
Melanie Jagla
- 9:30 Children and young people's experiences of self-management of type 1 diabetes: A qualitative meta-synthesis
Ella Tuohy
- 9:45 Perfectionism in youth living with inflammatory bowel disease
Sara Ahola Kohut
- 10:00 The impact of adolescents' type 1 diabetes self-management on parent well-being
Caroline Rawdon
- 10:15 Communication between parents and grandparents with Chronic Kidney Disease and their children/grandchildren
Heather Buchanan

Interventions for Pulmonary Diseases across adolescents and adults

Chair: TBC

Room: Room8

- 9:00 Impact of behavior change targeting physical activity on psychological and cognitive outcomes in COPD patients
Kim L Lavoie
- 9:15 Qualitative feasibility and acceptability assessment of a technology-supported pediatric asthma management intervention.
Lisa Hynes
- 9:30 What are the effective aspects of adherence interventions for inhaled corticosteroids in children with asthma?
Christina Joanne Pearce
- 9:45 EVALUATION of physiotherapy breathing retraining for asthma; quantitative process analysis of the BREATHE trial
Emily Arden-Close
- 10:00 Participant retention and fidelity assessment informing intervention refinement: Pilot phase of the TANDEM study
Liz Steed
- 10:15 Patient's perspective on COPD-related fatigue: Impact on daily life and perceived treatment opportunities
Christina Bode

10:30 - 11:00 Coffee Break

11:00 - 12:30 Parallel Sessions

STATE OF THE ART: Methodological Advances

Chair: TBC

Room: Room1

- 11:00 'Looking beyond delivery': Toward more scientific and multidimensional assessments of intervention fidelity of behaviour change interventions
Fabiana Lorencatto and Nelli Hankonen

- 11:40 Published where and when: evaluation of reporting quality of smoking cessation interventions and comparators
Neza Javornik
- 12:00 Using Confidence Interval-Based Estimation of Relevance (CIBER) to Select Social-Cognitive Determinants for Behavior Change Interventions
Gjalt-Jorn Ygram Peters
- 12:15 Development of an observation tool for measuring physical activity and wellbeing in urban spaces: MOHAWK
Jack Benton

Dementia – Older Adult and Caregiver Perspectives

Chair: TBC

Room: Room2

- 11:00 GROWING OLD WITH YOU: EXPERIENCES OF SELECTED FILIPINO CAREGIVER-SPOUSES OF ALZHEIMER'S DISEASE PATIENTS
Maria Veronica Manlulu
- 11:15 Relationship between significant other distress and patient psychological symptoms in persons recently diagnosed with dementia.
Alison Wearden
- 11:30 Predictors of 12-month long-term care placement among persons with dementia cared for by their spouse.
Maria Pertl
- 11:45 Stigma, nihilism, and uncertainty: Barriers to diagnosing dementia. A qualitative study.
Shanu Sadhwani
- 12:00 Sleep, loneliness, and their impact on aspects of brain health: Findings from TILDA.
Joanna McHugh Power
- 12:15 Premature aging among trauma survivors: the impact of sleep disruptions on telomeres and cognitive performance
Roy Aloni

Barriers and enablers to healthcare change and implementation

Chair: TBC

Room: Room3

- 11:00 Implementation of a novel continuity of care model: a qualitative study with midwives and mothers
Nimarta Dharni
- 11:15 Identifying drivers of suboptimal initiation onto dialysis so as to improve standard pre-dialysis renal services
Konstadina Griva
- 11:30 Adopting and diffusing innovation in healthcare: A multi-level qualitative exploration of the influence of evidence
Danielle D'Lima
- 11:45 Towards LGBTQ-affirmative cancer care and support: Barriers and opportunities
Iain Williamson
- 12:00 Changing one's motivating style: Pre-service PE teachers' experiences in using motivational interaction techniques in practice
Elina Renko
- 12:15 Optimising a toolkit to support hospital responses to feedback on transfusion practice
Stephen McIntyre

Treatment and prevention of pain disorders

Chair: TBC

Room: Room4

- 11:00 Exploring pain and the impact of Juvenile Idiopathic Arthritis in those 16-25: A mixed-methods study
Hema Chaplin
- 11:15 Barriers and facilitators of exercise adherence in patients with persistent musculoskeletal pain: qualitative interview study
Laura Meade

- 11:30 OSTQOL – A measure of quality of life for patients in opioid substitution treatment
Gabriele Helga Franke
- 11:45 Fibromyalgia biopsychosocial stress profile: heart rate variability, distress and stressors.
Ana Lledó
- 12:00 An examination of clinical judgment making regarding chronic lower back pain: Three studies
Christopher Dwyer
- 12:15 A skeptical look at acceptance and commitment therapy for pain
James Coyne

Behaviour change models tested and applied in healthcare context

Chair: TBC

Room: Room5

- 11:00 Psycho-social analysis of relatives' decision about deceased organ donation: multicenter study in the Spanish context
Jorge S. López Martínez
- 11:15 Nurses make different decisions before and after breaks: decision fatigue effects in clinical decision making
Julia Allan
- 11:30 Knowledge, attitudes and practice of oncologists in promoting physical-activity to cancer survivors: an international survey
Sarah Hardcastle
- 11:45 Theory based behavioural influences on endocrine therapy medication taking behaviour in women with breast cancer
Caitriona Cahir
- 12:00 The influence of health hardiness on the relations between depression and physical activity
Prasuna Reddy

SYMPOSIUM: The 'how' and 'why' of self-regulation techniques in e and mHealth

Chair: Katherine Bradbury

Room: Room6

- 11:00 How users experience and use an eHealth intervention based on self-regulation: a mixed-methods study
Louise Poppe
- 11:15 The effect of a self-regulation based e- and mHealth intervention on physical activity in adults
Laurent Degroote
- 11:30 "Happy 5": a theory-based online-intervention to increase fruit and vegetable intake
Susannah Motter
- 11:45 Comparing usage of a web- and smartphone-delivered stress management intervention: An observational study
Leanne Morrison
- 12:00 Using lifestyle coaches to promote use of self-regulation techniques within the mHealth intervention Changing Health
Leah Avery
- 12:15 Discussion
Ben Ainsworth

Lifestyle change

Chair: TBC

Room: Room7

- 11:00 Systematic review of alcohol interventions for people living with and beyond cancer
Grant McGeechan
- 11:15 'Lifestyle change not quick fix': transferability of Football Fans in Training to new target groups
Craig Donachie
- 11:30 Developing a story-telling intervention embedding behaviour change techniques (BCTs) to promote smoking cessation during pregnancy.
Emma King

11:45 Tobacco smoke exposure counseling promotes sustained cotinine reduction and cessation among non cessation-seeking maternal smokers.
Bradley Collins

12:00 An RCT of a brief alcohol intervention for young people aged 14-15: SIPS JR-HIGH
Emma Giles

12:15 The direction of relationship between smoking and self-efficacy during a quit attempt: an n-of-1 study
Felix Naughton

Health behaviours, well-being and developmental context

Chair: TBC

Room: Room8

11:00 Determinants of children's unhealthy sleep behavior perceived by children and parents: a concept mapping study
Maartje van Stralen

11:15 Evaluating the implementation of a social emotional well-being programme in disadvantaged post-primary schools
Katherine Dowling

11:30 Transition to parenthood: does relationship training affect child behavior?
Wim Nieuwenboom

11:45 Does sleep mediate the association between school pressure, physical activity, screen-time and psychological distress?
Ann Vandendriessche

12:00 Differences in the long-term stress levels among preschool children
Elviira Lehto

12:15 Can we predict alcohol-related harms in adolescence?
Martin Dempster

12:30 - 14:00 Lunch

12:30 - 14:00 EHPS National Delegates Meeting

14:00 - 15:30 Parallel Sessions

ROUNDTABLE: Making a difference: How health psychology influences health globally and what more can we do?

Chair: Vera Araujo Soares

Room: Room1

14:00 Introduction
Vera Araujo-Soares

14:05 Influencing policy and practice through dissemination of high quality research
Robert West

14:10 Changing practice by developing tools that others can use
Susan Michie

14:15 Influencing practice through co-development
Lucie Byrne-Davis

14:20 Making an impact on policy through lobbying and engagement
Patrick Paul Walsh, Adriana Babant

14:30 Discussion
Joanne Hart

15:10 Discussion summary
Patrick Paul Walsh

SYMPOSIUM: Risk communication in new era of genomics

Chair: Ari Haukkala

Room: Room2

- 14:00 Willingness to receive four different types of genetic risk information – A population based study
Ari Haukkala
- 14:15 Skin cancer genetic testing in diverse primary care: Interest across demographic diversity and cultural context
Jennifer L. Hay
- 14:30 Colorectal cancer survivors' interest in genomic testing to guide communication about recurrence risk management
Anita Kinney
- 14:45 Does the type of disease matter when receiving genetic secondary findings? A qualitative vignette study
Marleena Vornanen
- 15:00 Risk provision in Breast Cancer Screening: healthcare professionals' views regarding impact on services and implementation
Fiona Ulph
- 15:15 Discussion
Shoshana Shiloh

SYMPOSIUM: Self-regulation and health behaviors in context: An ecological approach with implications for interventions

Chair: E.A. Hennessy & B T. Johnson

Room: Room3

- 14:00 Parental and child self-efficacy predicts physical activity and body mass in children: dyadic self-regulatory processes
Karolina Horodyska
- 14:15 Social media support vs significant others - differences in support and control for healthy eating.
Pamela Rackow
- 14:30 Childhood self-control forecasts adult smoking, weight gain, and midlife health
Michael Daly
- 14:45 Self-regulation as a target mechanism of behaviour change interventions: A meta-review
Emily Alden Hennessy
- 15:00 Discussion
Martin Hagger

Individual differences: body image, behavior and health

Chair: TBC

Room: Room4

- 14:00 A social identity model of weight stigma resistance and psychological wellbeing in higher-weight individuals
Angela Meadows
- 14:15 Sex-differences in bariatric surgery induced changes to depressive symptoms
Simon Bacon
- 14:30 Exploring the relationship between prevention focus and emotional eating: The mediating role of emotion regulation
Liesemarie Albers
- 14:45 Visual attention for palatable food cues on tv predicts unhealthy food intake: an eye-tracking study
Monique Alblas
- 15:00 The moderating effects of life values on young males' body image satisfaction and health-related behaviour
Lisbeth Ku
- 15:15 Determinants of lapse and relapse in physical activity and dietary behaviors: a concept mapping study
Eline Roordink

Interventions for Pain, Fatigue, and Arthritis

Chair: TBC

Room: Room5

- 14:00 An acceptance & commitment group intervention for primary headache sufferers- a randomized wait-list controlled Trial
Vasilis Vasilou
- 14:15 Physiotherapy informed by acceptance and commitment therapy (PACT) versus usual physiotherapy for persistent back pain
Emma Godfrey
- 14:30 The Pain Course: An internet-delivered intervention - randomized controlled trial with adults living in Ireland
Catherine Navin
- 14:45 Does motivation to change unhealthy behaviour differs according to disease? Comparing cardiac and musculoskeletal patients.
Liuda Šinkariova
- 15:00 Telephone and web delivered CBT versus usual treatment in irritable bowel syndrome: a randomized trial
Trudie Chalder
- 15:15 Cognitive predictors of treatment outcomes in Chronic Fatigue Syndrome: Attentional bias and malleability
Alicia M Hughes

Families and caregivers facing chronic illness

Chair: TBC

Room: Room6

- 14:00 Communal coping as a network process: emotional support in families affected by Lynch syndrome
Laura Koehly
- 14:15 How do I talk about breast cancer with my parents?
Kristýna Anna Černíková
- 14:30 Family members of chronic kidney disease patients: Who are they, what is their illness perception?
Lucile Montalescot
- 14:45 The effect of providing end-of-life care on family caregivers' wellbeing: a census survey
Christine Rowland
- 15:00 Is a Chronic Illness Diagnosis a Teachable Moment to Quit Smoking for Patients and Spouses?
DA Ayuningtyas
- 15:15 Signalling one's legitimate need for care by undergoing medical treatments: A driver of overtreatment?
Micheál de Barra

SYMPOSIUM: Using mobile technology to assess and improve health behaviors:

How can we do much better?

Chair: Britta Renner

Room: Room7

- 14:00 The impact of mobile interventions on diet- and health-related outcomes: A systematic review and meta-analysis
Karoline Villingner
- 14:15 Evaluation of an mHealth program for people with type 2 diabetes – My Diabetes Coach
Brian Oldenburg
- 14:30 "Shopping" healthy habits for prevention: Engagement to the Stop Diabetes BitHabit app
Pilvikki Absetz
- 14:45 The "healthy = happy" association: Investigating in-the-moment eating happiness using an ecological momentary assessment
Deborah R. Wahl
- 15:00 Happy eater: A mobile intervention for boosting experienced eating
Britta Renner
- 15:15 Discussion
Ralf Schwarzer

SYMPOSIUM: Attentional bias modification training in health psychology

Chair: Geert Crombez

Room: Room8

- 14:00 Attentional bias modification in health psychology: Back to the future
Geert Crombez
- 14:15 To train or not to train: The impact of attentional bias modification on pain outcomes
Dimitri Van Ryckeghem
- 14:30 Attentional bias modification affects food choice and intake in overweight individuals
Eva Kemps
- 14:45 The Effectiveness of Online Cognitive Bias Modification on Smoking Cessation
Helle Larsen
- 15:00 Gamified attentional bias modification training: A systematic review of the evidence
Julie F. Vermeir
- 15:15 Discussion
Dimitri Van Ryckeghem

15:30 - 17:00 Interactive Posters

Users' perspectives in e/mHealth

Chair: TBC

The experience of using a user-centred design approach in a third-level setting
Samantha Dick

The psychological experiences of women who survived HELLP syndrome as constructed online
Michelle Andipatin-Botha

Factors associated with cyberbullying perpetration and -victimization: a cross-sectional study among Dutch adolescents
Francine Schneider

Social media tools for health behaviour change interventions: How effective are they and why?
Diana Taut

The electronic Clinical Reasoning Skills Educational Simulation Tool (eCREST): improving medical students' clinical reasoning
Angelos Kassianos

OREST – Developing an Online Screening for the Need of Medical Rehabilitation: Practicability & Acceptance
Hanna Kampling

Equanimity Practice within Virtual Reality
Maryam Abbasi Soreshjani

An evidence, theory and person-based approach to intervention planning: A digital intervention for cancer survivors
Katherine Bradbury

Developing and evaluating e/mHealth interventions

Chair: TBC

ProACT: Fostering patient and public involvement within the design of digital health solutions for multimorbidity.
Mary Galvin

ProACT (Integrated Technology Ecosystems for ProACTIVE Patient Centred Care) Proof of Concept trial: Study protocol
Caoimhe Hannigan

A Network Meta-Analysis of the Modalities used to deliver eHealth Interventions for Chronic Pain.
Stephanie Haugh

Evaluation of an online information platform for back pain patients and their GPs
Andrea Schöpf

An exploration into affect, coping and post-traumatic growth in cancer patients: a two-phase study.
Nikolett Warner

Do electronic adherence monitoring devices work? Systematic review and meta-analysis of effect on medication adherence
Amy Chan

Mobile health technology interventions for suicide prevention: A systematic review and meta-analysis
Ruth Melia

Health protection, screening and primary care

Chair: TBC

Psychosocial predictors of HIV rapid testing among men who have sex with men in Ireland
Rachel McAuley

STI and HIV behavioural surveillance in Ireland: future-proofing public health prevention efforts through consensus-building
Caroline Kelleher

Using Intervention Mapping to design a sexual health service for women on opioid substitution treatment
Laura Medina Perucha

Interventions for Promoting Policy Adoption or Change: a Systematic Review
Sakarias Bank

Decision-making styles and grocery shopping behaviors
Femke de Boer

Using primary care to help increase uptake of bowel scope screening in Yorkshire: a protocol
Lesley M. McGregor

Making lung screening decisions EASier with visual narratives: creating Engaging, Accessible and Supportive Information material
Lauren Gattling

Identifying why people do not attend an agreed appointment for a lung cancer screening trial?
Hannah Scobie

Driving fear, self-efficacy, and attitudes towards road risk as risky driving antecedents among novice drivers
Kristina Žardeckaitė-Matulaitienė

Health behaviours in the early years: the prenatal period to adolescence

Chair: TBC

Profiles of youth and parent information management strategies: An exploratory look at adolescent e-cigarette use
Desirée Williford

Protective factors for excessive internet use in adolescents with and without subculture affiliation.
Daniela Filakovska Bobakova

Are adolescents who report low socioeconomic status at higher risk of excessive Internet use?
Laura Urbanová

Longitudinal associations between dyadic, individual, and collaborative plans: parent-child dyadic study
Ewa Kulis

Consumers of soft drinks and energy drinks are at higher risk of medicament intake.
Jana Holubcikova

Psychological impact of Folic Acid supplementation during pregnancy on children aged ten years.
Lesley-Anne Henry

The effect of prenatal methamphetamine exposure on structural brain development and cognitive functioning
Stefani Du Toit

Maternal prenatal and postnatal smoking differentially affect offspring sleep: findings from a birth cohort study
Frances O'Callaghan

Lifestyle Behaviour Change

Chair: TBC

Four-week, pre-cessation exercise with coping skills training reduces quit day smoking cue reactivity vs control

Bradley Collins

Can efficacy messaging on cigarette packaging influence message acceptance and smoking rates?

Lillian Brinken

Quitlink: Accessible smoking cessation support for people living with severe and enduring mental illness

Kristen McCarter

Risk Behavior in Adolescence: Understanding and Bringing Change

Sangeeta Bhatia

Modifying attentional and approach biases for reducing energy drink consumption

Eva Kemps

Starting, stopping, slowing down: A systematic review of third-level students' motivations for psychoactive substance use

Eadaoin Whelan

Changing Behaviour: Challenges and solutions

Physician perceptions of the importance of behavior change counselling and their ability to deliver it

Vincent Gosselin Boucher

How effective are psychosocial interventions delivered by healthcare professionals for weight-management?

A review of reviews.

Tracy Epton

A comparison of possible selves interventions on physical activity and physical activity self-definition model variables

Shaelyn Strachan

How do men sustain weight loss following a weight management programme at professional football clubs?

Cindy Gray

Evolife: A pilot trial of a web-based, evolutionary mismatch-framed intervention targeting physical activity and diet

Elisabeth Grey

Physical activity interventions for overweight and obesity during pregnancy: A systematic review

Caragh Flannery

What inspires youth to take up physical activity? Critical incidents in trial participants' interviews

Katri Kostamo

Preventing sedentary behavior at work: An intervention mapping approach for data-driven mhealth consulting

Nathalie Berninger

Optimising implementation of the ARK (Antibiotic Review Kit) Intervention: Addressing antibiotic overuse in hospitals

Katy Sivyer

Healthy eating and weight

Barriers and facilitators towards the uptake of the "MIND" diet in a Northern Irish population.

Deirdre Timlin

Eating three portions of fruit per day. A two-wave TPB-based multi-group study

Luigina Canova

Weight stigma, exercise self-efficacy, and active identity development in higher-weight individuals: A conceptual model

Andrea Bombak

Coeliac disease: psychological predictors of strict adherence to a gluten-free diet

Giulia Parenti

Impact of emotion regulation and interoceptive awareness on the development and maintenance of obesity.

Clemence Willem

Shifting from meat-based to plant-based diets: A systematic review and integration of current evidence.

Cristina Godinho

PREDICTIVE FACTORS OF THE EFFECTS OF HEALTH-COACHING PROGRAM TO INCREASE HEALTHY EATING

Cristiano Violani

Perceptions of well-being and quality of life across the lifespan

Exploring environmental volunteers' perceptions of health

Valentine Seymour

Health Care Students' perceptions of Spirituality, Religion and Health: A Mixed Methods Study.

Riya Patel

Gender differences in the relationship between risky behaviours and subjective well-being

Veljko Jovanović

Age related health and quality of life differences in general and psychiatric outpatient populations

Nijole Gostautaitė Midttun

The psychological features of professionalization among representatives of extreme professions: safety and quality of life

Anastasija Larionova

A qualitative exploration of the health and well-being among religious leaders.

Peter Kelly

Characteristics of adults' quality of life and coping behavior

Olga Strizhitskaya

Does illness perception influences anxiety after 5 years?

Andrea Greco

The experience of having a chronic illness

Disease Experiences of Chilean Women with Sjögren's Syndrome

Andrea Herrera Ronda

Exploring the breast cancer experience amongst women in South Africa who access primary healthcare

Bronwyne Coetzee

The Experience of Financial Stress among Emerging Adult Cancer Survivors

Sugandha Gupta

Death enters the scene in the ICU: Families facing a terminal condition

Mayla Cosmo Monteiro

Experiencing a rare chronic illness: The case of systemic autoinflammatory disorders

Sara Ferrari

The experience of Polycystic Ovary Syndrome (PCOS) in women of South Asian Origin.

Sophie Williams

"I must be strong for my ill son": adjustment to treatment in hypertrophic cardiomyopathy patients

Anna Mierzynska

Does intelligence and memory associate with anxiety and depression in the sample of IHD patient's?

Liuda Šinkariova

Cognition, mental health and adaptation to Chronic Illness

Goal adjustment is not related to cognitive inflexibility in persons with an acquired brain injury

Gunther Van Bost

"SHIELDED FROM DEATH": THE LIVED EXPERIENCE OF MALTESE MEN WHO HAVE AN IMPLANTABLE CARDIOVERTER DEFIBRILLATOR

Amy Spiteri

Quality of life and sense of coherence in stoma patients

Enikő Csilla Kiss

The impact of stigma on self-concept in individuals with concealable chronic illnesses.

Andrea Habenicht

Resilience resources and psychosocial adjustment in young adults with type 1 diabetes: a longitudinal study.
Matilde Nicolotti

Activity Memories in Asthma: Enhanced Specificity and its Implications
Maryanne Martin

The Integrative Model of Adjustment to Chronic Conditions; applicability to adult onset epilepsy
Lis Hammond

Pressure, time available and certainty: Female cancer patients' experiences with the fertility preservation decision-making process.
Cláudia Melo

The many faces of social support and their correlates

Development of a measure of Collective Efficacy: a complement to self-efficacy in self-management support?
Rebecca Band

Seeking support to master cravings during smoking cessation. A daily diary study in dual-smoker couples
Philipp Schwaninger

THE EFFECT OF SOCIAL SUPPORT BEHAVIOURS ON CORTISOL REACTIVITY TO AN ACUTE STRESS TASK
Kimberly Dienes

A qualitative survey exploring the relationship between companion pets and their owners' health.
Michele Andrea Mulqueen

Psychological well-being in persons with multiple sclerosis: The role of social participation and social support
Pavol Mikula

Support groups for dementia caregivers to improve health outcomes: a systematic review
ISA FIGUEIRA

Adherence to a psychoeducational group for caregivers of bone marrow transplant patients: a preliminary study
Serena Giuliani

Caregivers of person with young onset dementia: Exploring their perception of an acceptance home-based program
Clotilde Larochette

Taking it to Heart: Interventions in Cardiometabolic and Vascular Disease

Stroke survivor experiences of a group self-management intervention.
Ella Clark

Booklet-based intervention for activity, participation, and QOL improvement of stroke survivors: Quasi-experimental designs
Kayo Miura

Evidence of behaviour change in people who inject drugs on treatment for hepatitis C infection.
Amy Malaguti

Addressing post-stroke cognitive impairment through psychological intervention: Systematic review and meta-analysis of non-randomised interventions
Niamh A Merriman

Patient reported impact of the Heart Manual Programme in relation to national and European guidelines
Carolyn Deighan

Adaptation of an online social-support tool for people with Type 1 diabetes: A qualitative study
Claire Reidy

Psychological outcomes in patients with diabetes accessing clinical health psychology in an acute hospital
Vicky McKechnie

Employee health and well-being

Gender diversity, inclusion and well-being in the Japanese workplace
Yoriko Matsuda-Chapman

Does perceived transformational leadership style contribute to employee workaholism
Modesta Morkevičiūtė

Burnout in Agriculture before the Context of Finance, Health and Interconnection of Family and Farm
Linda Reissig

The association between job-related demands, individual resources and 4 types of exhaustion
Annalisa Casini

Responsive evaluation of stakeholder dialogue to promote health among employees with a lower socioeconomic position
Jantien van Berkel

Development of a self-coaching scale to assess the effectiveness of coaching interventions
Rie Ishikawa

Individual differences in coping behaviors and provided treatment in different medical contexts

A focus on female gender in the treatment of acute myocardial infarction patients
Corline Brouwers

Temporal proximity of behavioural outcomes and motivations for positive health behaviour
Lisa Murphy

Psychosocial factors characterizing people who participate or not to screening prevention programs in Italy
Alessandra Gorini

The Relationship between Covert Narcissistic Personality and Disordered Eating Behaviors: Explorations for Moderated Mediating Effects
Sungmoon Lim

The role of eating motivations in dietary habits of adolescents with different bodyweight
Katalin Szabó

Temporal dispersions of costs and benefits of smoking and their association with dependence
Natalie Schuez

Cancer Related Fatigue (CRF) trajectories in metastatic colorectal cancer patients undergoing chemotherapy
Louise Baussard

Cancer survivors and return to work : the influence of workload
Marie Saramago

Stress: Sociocultural Factors and Specialist Populations

The Resilient Emergency Responder: Stressors, Resources and Coping Strategies
Sophie Kroeling

Mindfulness, stress and well-being in Bulgarian socio-cultural context
Biserka Zarbova

Multitasking predicts psychosomatic complaints in hematologists and oncologists – a study on work stress
Sabrina Zeike

Perceived stress and strain among students– A comparison between distance-learning and on-campus universities
Marie Drüge

Gender and age differences in stress, health resources, and health outcomes among distance-learning students
Lara Fritsche

Impact of psychological stressors on vulnerability among Japanese university athletes
Shinji Yamaguchi

Comparative analysis of daily stressors and preferred coping strategies among men and women
Inna Murtazina

New directions in researching self-regulation in health and illness

The Impact of Implicit Theories of Health on Maintaining New Year's Resolutions
Mike Schreiber

Inner Health Picture as a mental model of self-regulation in 7-8 year old children
Svetlana Burkova

A new measure of defensive reappraisal opens new horizons for understanding self-regulation processes
Shoshana Shiloh

Do yoga and meditation moderate the relationship between negative life events and depression?
Romy Lauche

Perceptions of diet, eating control, and self-efficacy in the process of weight reduction.
Anna Januszewicz

The "natural" as embodied metaphor - its role in therapy choice and self-regulation
Szilvia Zorgo

Medication and Adaptation in Older Adults with Chronic Conditions

Medication practices and experiences of older adults discharged home from hospital and their informal caregivers
Pauline Roux

HIV testing in people age 50+: a qualitative study of patients' and clinicians' perspectives
Elaney Youssef

Potentially serious alcohol-medicine interactions among community-dwelling older adults: a national cohort study
Cora Keeney

Reablement for older persons by an interprofessional home rehabilitation team: An ongoing RCT
Magnus L Elfström

The Instrumental-Expressive Social Support Scale - validation in a sample of older adults
Ligia Lima

Examining adaptation after stroke using the model of selection, optimisation and compensation
Diane Dixon

Satisfaction and quality of life of the institutionalized aging
Filomena Ponte

Legal and social aspects of the Polish geriatric care system
Katarzyna Ruzyczka

Delivery of patient care and health promotion

High incidence of diagnostic error of endometriosis in Australia, Canada, Ireland, Romania, and the UK
Allyson Bontempo

Challenges to the implementation of HIV-related evidence-based interventions
Jeffrey Parsons

Adverse Childhood Events and Health Service Utilisation in Later Life: a primary care-based study.
Lisa Mellon

What UK healthcare practitioners know about HPV and implications for training
Sue Sherman

Co-creating research priorities for childhood obesity prevention research: Uniting research, practice and policy
Marita Hennessy

Goal-setting in DAFNE: Educators' perspectives on the implementation of goal-setting techniques within diabetes self-management education.
Milou Fredrix

Health Risk Communication and Decision Making

Barriers and facilitators to discussing child weight with parents: A meta-synthesis of qualitative studies
Daisy Bradbury

Could nurses' solution-focused communication influence on the fluid adherence of adult patients on hemodialysis?
Marie-Carmen Neipp

Couples experience of a mastectomy for breast cancer and thoughts regarding breast reconstruction decision-making
Kristopher Lamore

SURVIVAL VALUE OF HEALTH RISK BEHAVIORS
Seda Usubütün

Getting (Not) What You Expect: Responses Towards Unexpected, Multiple Health Risk Feedback
Luka Johanna Debbeler

Nurses announcing the start of replacement therapy: towards a better shared decision-making in nephrology
Christel Vioulac

Methodological Applications to Health

The importance of mixing methods: Qualitative interviewing elucidates findings in laboratory stress testing with children
Tara Cheetham

A Foucauldian-inspired discursive Media Framing Analysis of the UK's "employment and support allowance" welfare benefit.
William Day

Exploring the collaboration between health psychology and user-centred design in intervention design
Tessa Dekkers

Toward an integrative theoretical and measurement model of patients' and providers' attitudes to their relationship
Magali Genet

The bright side of dark introjection: an overview on conceptualisations and operationalisations of introjected regulation
Anna Wasserkampf

Intensive long-term Ecological Momentary Assessment of bio-signals and self-reports during treatment for alcohol dependency: feasibility
Marcel Pieterse

15:30 - 17:00 Coffee Break

15:30 - 17:00 Rapid Communications

The effect of pain catastrophizing on attentional engagement to pain-related information
Jieun Lee

Validation of the Wagnild y Young resilience scale in the context of adolescent residential care
Ana Gonçalves

Social predictors of vegetable consumption and nudging for change
Maria Almudena Claassen

The use of mobile device applications to support medication adherence: a systematic review with meta-analysis.
Katerina Kassavou

'Keeping well in prison': Co-developing and evaluating a leaflet to promote healthy behaviours in prison
Anita Mehay

Men's drive for muscularity and well-being: the role of sexual orientation and psychosocial variables
Camilla Matera

Mental position toward the ecological environment: implication for subjective well-being
Iryna Kryazh

Visual memory deficit in Parkinson's disease-Mild cognitive impairment (PD-MCI): From knowledge to intervention
Davide Maria Cammisuli

The "vulnerable" journey - Exploring the parental experiences of paediatric chronic kidney disease
Andrea Bruno de Sousa

Can we reduce missed appointments in primary care? A population-level intervention in a General Practice.
Eleanor. R. Bull

17:00 - 18:00 Keynote Lecture: Yael Benyamini: What can we learn from what people say about their health? A psychologist's view of an epidemiological finding

Saturday, 25 Aug

9:00 - 10:30 Parallel Sessions

SYMPOSIUM: The integration of behaviour models/theories to better understand health behaviour

Chair: Hein de Vries

Room: Room1

9:00 Theoretical assumptions and active ingredients in interventions
Ralf Schwarzer

9:15 Reasoned action approach to understanding health protection and health risk behaviours
Mark Conner

9:30 An integrated theoretical model of condom use in Sub-Saharan African Youth: A meta-analysis.
Cleo Protogerou

9:45 The mediated effect of pre-motivational factors on physical activity: a test of the I-change model
Stefanie Kasten

10:00 Discussion
Hein de Vries

10:15 Activity: Audience engagement activity
Hein de Vries

Factors of healthy ageing

Chair: TBC

Room: Room2

9:00 The brave patient after 80? Examining active attitude towards treatment and health in primary care.
Marta Rzedkiewicz

9:15 Childhood maltreatment and poorer physical health in later life: the moderating role of social isolation
Robert Fox

9:30 The association between perceived control and loneliness among healthy older people: A systematic review.
RAQUEL LORENTE

9:45 Self-efficacy for physical activity – a question of item framing and age?
Lisa Marie Warner

10:00 Comparison of Life Satisfaction Determinants in Old Persons from Different Living Environments
Jasminka Despot Lucanin

10:15 Ageing is in the eye of the beholder: Capturing images of ageing with photographs
Verena Klusmann

Coping and psychosocial adaptation to chronic illness

Chair: TBC

Room: Room3

9:00 Cross cultural differences in coping.
Hina Zahid

9:15 What to do when asthma worsens: behavioural beliefs versus exacerbation management actions
Alexandra Dima

9:30 Help-seeking behaviour and pathways to care in patients with Primary Sjögren's Syndrome: mixed methods exploration
A. Jess Williams

- 9:45 Which depressive symptoms change in response to exercise? Results from a randomised controlled trial
Yasmina Nasstasia
- 10:00 Coping with insomnia in prostate cancer: investigating the role of predisposing, precipitating and perpetuating factors
Rebecca Maguire
- 10:15 Managing the unrepresentable body and resisting stigmatised identities: Living with a chronic skin condition
Khalid Al-Muhandis

SYMPOSIUM: The role of interoception for clinical research

Chair: Sandra Mai

Room: Room4

- 9:00 Sensing Your Body: Interoceptive Awareness and Medically Unexplained Symptoms
Tabea Flasiński
- 9:15 Interoceptive contributions to cognitive-affective symptoms in dysautonomia
Andrew Owens
- 9:30 Interoception, Exteroception and Pain
Sandra Mai
- 9:45 Can you feel it? Increased somatosensory attending in the context of pain
Stefaan Van Damme
- 10:00 Effects of acute yohimbine administration on interoception
Linn Kuehl
- 10:15 Discussion
Sandra Mai

Mobile technology and self-management

Chair: TBC

Room: Room5

- 9:00 A smartphone application for self-management of asthma: a usability and feasibility study
Jane Murphy
- 9:15 Precious n-of-1 trial: how within-person variation in motivational determinants explains changes in daily physical activity
Johanna Nurmi
- 9:30 Testing an mHealth-based mindful eating intervention to improve students' eating behaviours: A randomised controlled trial
Luke Van Rhoon
- 9:45 Effectiveness of a Video-Versus Text-Based Computer-Tailored Intervention for Obesity Prevention after One Year
Kei Long Cheung
- 10:00 Mobile food reporting and adherence rates in real-life: early drop-outs vs. selective meal reporting
Katrin Ziesemer
- 10:15 A content analysis of tailored feedback videos delivered in an eHealth weight loss intervention
Kathleen Ryan

Occupational Stress: predictors, mediators and moderators

Chair: TBC

Room: Room6

- 9:00 How does social innovation impact on health of elderly homecare sector workers?
Annalisa Casini
- 9:15 Job strain, coping, and mental health among Canadian military personnel: Does mental health training help?
Jennifer Lee
- 9:30 Work stress and psychological problems in teachers: what is the role of self-directedness?
Taina Hintsala

- 9:45 The effect of age on the correlation between work intensity and mental well-being
Lara Lindert
- 10:00 Work and health needs in the aging population: an analysis on Italian employees.
Massimo Miglioretti
- 10:15 Do new organizational patterns of Video Display Terminals use affect workers' psycho-social and physical health?
María Soria-Oliver
- Behaviour change strategies and process
Chair: TBC
Room: room7
- 9:00 Towards a Digital Narrative Approach to Health Behaviour Change
mark grindle
- 9:15 ProACT: Interventional Strategies to Support Individuals Self-Managing With Multimorbidity Using a Digital Behavioural Change Intervention.
John Dinsmore
- 9:30 Harnessing Gamification for population level changes in physical activity - Findings from 18 UK interventions.
Marc Harris
- 9:45 The Impact of Health Information Avoidance on Breast Self-Examination Practices
Celia Naivar Sen
- 10:00 Wearable Activity Technology And Action-Planning (WATAAP) promoting physical activity in cancer survivors: randomised controlled trial
Chloe Maxwell-Smith
- 10:15 Efficacy of Physician Training in Behavioural Change Counseling: A Systematic Review
Anda I. Dragomir
- Social context and health behaviours during childhood
Chair: TBC
Room: Room8
- 9:00 Physical violence and/or Bullying in School: Its influence on Body Weight among School-age children.
paula repetto
- 9:15 Specialist physical education and mental health in youth: A longitudinal study
Lisa Olive
- 9:30 "My child can watch TV, because it is exercising": Mother's handling of children's media consumption
Theda Radtke
- 9:45 Examining determinants of eating patterns in preschool settings in disadvantaged areas in Ireland
Saintuya Dashdondog
- 10:00 Effects of maternal stress, depression and self-esteem on children's dietary intake at 18 months
Sarah Buggy
- 10:15 The family response to fussy eating in school-aged children: A qualitative study
Hazel Wolstenholme
- 10:30 - 11:00 Coffee Break
- 11:00 - 12:00 Keynote Lecture: Jill Francis: Multi-level approaches to behaviour change in implementation research: How far can we push our theories?
- 12:00 - 12:45 Closing Ceremony
- 12:45 - 13:30 Reception for EHPS 2019