

Editorial December 2020

Angela Rodrigues As 2020 draws to an end, a reflection seems appropriate. In a year defined by COVID-19, it is genuinely gratifying to provide an overview in this issue of some of the virtual activities organised by the EHPS: Synergy and CREATE workshops, EHPS virtual conference, and awards.

Pamela Rackow University of Stirling, UK

We also want to take the opportunity to thank all our collaborators, authors and readers. Putting together these issues shows that at its heart the EHP is a collaborative effort. In no specific other we would like to thank our Associate Editors (Laura, Emma, Lucy, Nicola, Filipa, Dan and Neza), our Editorial Intern (Kelly) and our print officer (Marianna) for all their incredible work on the EHP.

Finally, we are currently working on a special issue about COVID-19 and are planning to publish this early next year. In the meantime, please get in touch with Pamela (pamela.rackow@stir.ac.uk) if you would like to contribute to this issue.

This EHP issue features a reflection piece on the **2020 SYNERGY expert meeting** which revolved around Synergy's past and future, and how participation has benefited both facilitators and attendees professionally as well as personally.

Fredrix and **Murphy** reflect on the **2020 CREATE** activities that this year aimed specifically at supporting early career researchers (ECRs) by organising a session dedicated to ECRs showcasing their research and highlighting the various career paths one could take within health psychology.

Kotzur provides a reflection on the **2020 EHPS Online Scientific Meeting**. This year, the EHPS members had the opportunity to meet virtually. In this piece Kotzur shares her experience and reflections as a delegate and lessons learned for attending future virtual meetings.

Karademas as well reflects on the 2020 EHPS Online Scientific Meeting and emphasizes the long history of the EHPS in building bridges between its members and member countries. Karademas lays out plans on the forthcoming conferences, which has been informed by the members' survey.

Akhter, Sutton and Kassavou provide an overview of a project aimed to explore views about barriers regarding medication adherence and to generate recommendations regarding potential components of a digital intervention.

Finally, we end this issue by introducing the new **EHPS Executive Committee Members 2020-2022**, the **EHPS Award winners 2020**, and the **Fellowship Award winners**. Congratulations to all the winners and new EHPS EC members!

Hope you enjoy reading this issue and wish all our readers a wonderful festive break, and we will 'see you' in the New Year!

Angela Rodrigues and Pamela Rackow



Angela Rodrigues

Department of Psychology,
Northumbria University, UK

angela.rodrigues@northumbria.ac.uk
uk



Pamela Rackow

Faculty of Natural Sciences,
Psychology, University of Stirling

pamela.rackow@stir.ac.uk