

Are you an early career researcher?

The CREATE network can support you!

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The EHPS early career researcher (ECR) subdivision, *Collaborative Research And Training in the EHPS* (CREATE) is a network which aims to connect and support European and international researchers from the start of their academic careers, through to further progression. In the past two years, the COVID pandemic has made it more challenging to connect ECRs in health psychology and pursue our goals. Despite the challenges and although some planned events had to be cancelled, the CREATE committee quickly adapted. Last year, for the very first time, we were happy to hold a virtual CREATE workshop at the EHPS online conference in 2021 (Braun & Lerch, 2021). Although the digitalisation of events brought advantages that we plan to harness in the future, we are nevertheless happy that we will also be able to re-connect in-person again this year. We are excited to announce our plans and opportunities for the next few months in this article. We would also like to use the opportunity to (re-)introduce ourselves and to reach and connect with as many (new) ECRs in health psychology as possible.

Who are we?

CREATE is a network of and for health psychology ECRs that offers a range of networking and learning opportunities. These activities are organised by an elected CREATE executive committee, which consists of six members. Over the last year, The CREATE Executive Committee, has acquired two marvellous new committee members: Maya Braun (Ghent University, Belgium) as Webmaster and Nikolett Warner (National University of Ireland, Galway, Ireland) as Secretary. They joined;

-Chairperson, Claire Reidy (University of Oxford, UK),

-Treasurer, Louise Foley (National University of Ireland, Galway, Ireland),

-Application Manager and Communications Officer, Maria Blöchl (Leipzig University, Germany), and,

-Grant Master and Liaison Officer, Daniella Watson (University of Southampton, UK).

For details of the Executive Committee and their roles: <https://ehps.net/organisers-contact-us/>.

What do we do?

To support ECRs in health psychology research and foster international relationships and collaborations, we organise a range of training and networking opportunities for CREATE members. Throughout the year we connect ECRs and share opportunities via social media, and during the annual EHPS conference, these opportunities come



Image 1: The CREATE Executive Committee

in the form of a **pre-conference CREATE workshop**, and **'Meet the Expert'** sessions with the conference keynote speakers. As of 2020, during the COVID-19 pandemic, we also organised additional **webinars** to support and share knowledge between CREATE members in a virtual space. We intend to continue with these virtual opportunities for ECRs to communicate, network, and learn.

Our annual CREATE workshop

The CREATE committee organises an interactive 2-day workshop each year immediately prior to the annual EHPS conference. These workshops are led by experts within the field of health psychology, providing opportunities and support to enhance knowledge and skills. But they also provide an important opportunity to get to know and connect with your peers. Topics vary every year, and are chosen through discussions with fellow ECRs.

The CREATE workshop also offers great opportunities for networking, including a CREATE dinner, a city tour, and activities spread

throughout the workshop.

Last summer, for the first time, we conducted an online workshop (in place of a face-to-face meeting) with some incredible speakers on *'How to get your research out there: publishing, promoting, and funding your research'* (https://ehps.net/create-online-2021/?et_fb=1&PageSpeed=off), which was a fantastic success!

This year, after initially attempting to undertake this workshop at the postponed EHPS 2020 annual conference, we are finally able to announce an exciting face-to-face workshop on *'Digitalising Health Psychology research to enhance our science: Opening the doors to innovative measurement, design and intervention approaches'*. The workshop will be facilitated by Dr Felix Naughton (University of East Anglia, UK) (<https://research-portal.uea.ac.uk/en/persons/felix-naughton>), and Dr Olga Perski (University College London, UK) (<https://www.olgaperski.com/>). The workshop will take place on Mon 22nd and Tue 23rd of August 2022, with an additional (optional, but desirable) social networking activity on Sun 21st of August.

This workshop will be focused on the use of digital tools and technology-driven approaches to

Digitalising Health Psychology Research to enhance our science:

opening the doors to innovative measurement, design and intervention approaches



collaborative research
and training in the ehps

CREATE
Early Career Researcher
Pre-Conference Workshop

Mon 22nd August 2022
Tue 23rd August 2022

Workshop fee: €120 (€95 if eligible for reduced fee)
For more info and registration: www.ehps.net/create
or 2022.ehps.net/create

sessions delivered by



Dr. Olga Perski
University College London



Dr. Felix Naughton
University of East Anglia

CREATE is a subdivision of the European Health Psychology Society, promoting education and collaboration for early career researchers in the field.
The workshop takes place immediately prior to the annual EHPS conference



Image 2: CREATE Workshop 2022

enable researchers to better capture, assess, evaluate and intervene on psychological and behavioural phenomena related to health.

The deadline for applications for this year's workshop is May 27th, 2022 (full registration fee: €120; reduced fee for eligible countries: €95; check whether you are eligible for the reduced fee here: <https://ehps.net/fees/>). For more information on current and past CREATE workshops, check our website - <https://ehps.net/workshops/>. You can also hear more about this workshop and our fantastic workshop facilitators through our Twitter account - @EHPSCreators.

Funding

CREATE also offers funding opportunities for the CREATE workshop registration, EHPS conference registration, accommodation and travel. Find out more about eligibility and the selection process here: <https://ehps.net/grants/>. This year CREATE prioritised grant applicants from Ukraine, although the closing date for grant applications has now closed.

Meet the Expert sessions 2022—apply July 2022!

We also organise group sessions during the EHPS

MEET THE experts

at the EHPS2022 conference
in Bratislava





Urte Scholz
PROFESSOR OF APPLIED SOCIAL AND HEALTH PSYCHOLOGY, ZURICH (SWITZERLAND)

- Social and dyadic processes for health behavior and well-being
- Intrapersonal associations in behavior change
- Temporal dynamics
- Development of theory-based interventions for health-behavior change
- Postgraduate training in health psychology and research practice transfer



Susan A. Murphy
PROFESSOR OF STATISTICS AND COMPUTER SCIENCE, HARVARD (USA)

- Developing data analytic algorithms and methods for improving personalization in digital intervention development
- Just-in-Time Adaptive Interventions
- Experimental study designs for use in optimizing digital interventions
- Enhancing interdisciplinary collaborations



Falko Sniehotta
PROFESSOR OF HEALTH PSYCHOLOGY & BEHAVIORAL MEDICINE, NEWCASTLE (UK) AND TWENTE (NETHERLANDS)

- Understanding behaviour change
- Policy research and intervention science
- Theory in health psychology
- Addressing inequalities



Zuzana Dankulinová
ASSOCIATE PROFESSOR OF SOCIAL PSYCHOLOGY, KOSICE (SLOVAKIA)

- mental health in adolescence
- adverse experiences, stress and coping strategies in adolescence
- improvement of child and adolescent mental health care services
- mixed-methods and participatory approach in research
- work-life balance for women in science

For more info and registration: www.ehps.net/create or 2022.ehps.net/create

Image 3: CREATE's 'Meet the Expert' sessions at EHPS 2022

annual conference with each of the keynote speakers. These sessions are a rare opportunity for a group of ECRs to meet, discuss, and network with a senior researcher in health psychology in a friendly and relaxed atmosphere. This year we are fortunate to have group ECR sessions with the conference keynote speakers Professor Susan Murphy (Harvard University), Professor Falko Sniehotta (Heidelberg University, Germany), Dr Zuzana Dankulinová (University in Kosice, Slovakia) or Professor Urte Scholz (University of Zurich, Switzerland). They are looking forward to discuss a wide range of fascinating topics with ECRs

Keep an eye on our Twitter page or on our webpage for the opening of applications for these sessions!

Participating in CREATE activities

The activities of the CREATE network are open to all ECRs working in the field of health psychology. To attend the workshops or webinars organised by CREATE, you are required to become EHPS Members (<https://www.easyconferences.org/ehps/> subscribe). For more information about what activities we are running, and how to take part, check out our website here <https://ehps.net/about-us/>.

To keep informed about the latest CREATE activities, follow us on Twitter @EHPSCreators and on Facebook @CreateEhps.

To join the CREATE mailing list, please subscribe via <https://ehps.net/network/>.

We look forward to connecting with you soon.

References

Braun, M., & Lerch, S. (2021). Reflections from the CREATE Workshop 2021. *The European Health Psychologist: Bulletin of the European Health Psychology Society*, 22(3), 799-802.



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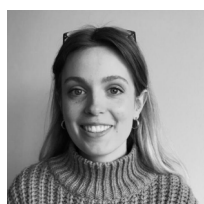
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