

December 2022 Editorial

Angela Rodrigues Our final issue of 2022 *Northumbria University, UK* includes various articles disseminating the activities undertaken by the different subdivisions of the EHPS, more precisely CREATE and the newly launched 'EHPS Ari Haukkala Mentoring Programme'. This issue also includes an interview with Dr Gerry Molloy, two keynote speakers' papers, and an opinion paper on healthcare guidelines in health behaviour change interventions.

Pamela Rackow *University of Stirling, UK*

A brief overview of the articles included in this issue can be found below.

Anila Allmeta and colleagues reflect on attending the **2022 CREATE workshop and EHPS conference**. This article also provides an account of key take home messages.

Milou Fredrix and colleagues introduce the newly launched 'EHPS Ari Haukkala Mentoring Programme'. The programme aims to support EHPS members with their research, professional and personal development.

The October 2022 EHP issue re-introduced the interview with an EHPS member feature. We have the pleasure of reading an **interview with Dr Gerry Molloy** (also a former EHP editor) on his exciting career journey to date and future endeavours.

Zuzana Dankulincova (keynote speaker at the 2022 EHPS Conference) provides an overview on how to implement what we know from health psychology into practice.

Urte Scholz (keynote speaker at the 2022 EHPS Conference) provide an overview of the role of dyadic relationships for health behaviours. This paper focus on the relevance of social relationships

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Cleo Protogerou and **Valerie F. Gladwell** provide an opinion paper on healthcare guidelines in health behaviour change interventions, where authors argue the benefit of investigating the accuracy and quality of health behaviour change interventions guidelines, by using established guideline appraisal frameworks.

Finally, we end this issue with by introducing the **new EHPS Executive Committee Members 2022-2024**.

Hope you enjoy reading this issue!

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