

June 2023 Editorial

Angela Rodrigues Editorial

Northumbria University, UK Our third issue of 2023 includes reflections from roundtable speakers at the European Health Psychology Society (EHPS) conference 2022 in Bratislava. This issue also includes reports from the grant winners attending the EHPS 2022 conference.

A brief overview of the articles included in this issue can be found below.

Alexandra Dima and colleagues provide a brief overview of the roundtable organised on during the EHPS 2022 conference aimed to discuss the EHPS engagement with international bodies on health policy and how the EHPS can continue and expand these activities in future. This article provides a summary of each of the contributions brought to the roundtable.

Monique Simons and colleagues reflect on the discussions at the roundtable on Just-In-

Time Adaptive Interventions (JITAI) held at the EHPS 2022 conference. This article provides an overview of the shared insights in the opportunities and challenges on developing, evaluating and optimizing JITAI for promoting healthy lifestyles.

In the five **reports** presented, grant winners (**Lerch; Acharya; Dilger; and Carvalho**) reflect on attending the **European Health Psychology Society conference 2022** in Bratislava and provide an account of key take home messages.

Hope you enjoy reading this issue!
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