

# October 2023 Editorial

**Angela Rodrigues** Welcome to the Autumn *Northumbria University*, 2023 issue of the European Health Psychologist (EHP) magazine! We've put together a-packed issue for you this month, including articles exploring: de-implementation, new methodologies in health psychology, updates from the EHPS mentoring scheme, and a new Inclusivity & Diversity initiative.

A brief overview of the articles included in this issue can be found below.

**Patey** discusses why de-implementation is of interest of late and how the application of health psychology theories, tools and methods can advance the science of de-implementation.

**Gérain and Antoine** provide an overview of using network analysis in health psychology.

**Foley and colleagues** provide an update on the EHPS Ari Haukkala Mentoring Programme.

**Gültzow and colleagues** introduce the 'Inclusivity & Diversity Add-On for Preregistration Forms' developed during a preconference workshop at the European Health Psychology Society (EHPS) conference held in 2022 in Bratislava (Slovakia).

I've thoroughly enjoyed reading all of these fascinating articles as we pulled this issue together, and I hope you do too.

This is also my final issue before I handover to the new EHP Editors (Filipa Teixeira and Thomas Gültzow), so I'd like to take this opportunity to extend my thanks to the wonderful team of associate editors that I've worked with over the past five years, as well as all the contributors, peer reviewers, EHPS Executive Committee members, and

Marianna Dalkou in the EHP preparation team. I also want to extend my gratitude to the EHP co-Editor Pamela Rackow. Without all of these people it wouldn't have been possible to bring you each issue of EHP and they have been a pleasure to work with.

Thank you for reading and enjoy!

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