Sun, sandals and an interesting summer reading: a look back at last year’s EHPS conference and much more

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Ah, Summer! The season of lazy days, sun-kissed skin, and...catching up on your reading? Dive into summer with this new special summer issue of the European Health Psychologist. In this issue you will find a series of articles dedicated to summarising last year's conference roundtables. Remember those fascinating discussions that left you wanting more? Authors have captured the essence of some of those conversations, providing concise and insightful summaries that will reignite the intellectual spark. On top of it, in this issue you will also find an overview of the 2023 CREATE workshop and much more.

Bösch and Edgren provide an overview of the 2023 CREATE Workshop and the lessons learned from communicating science for several audiences.

Rigby and Gatting summarise the 2023 EHPS Synergy Expert Meeting (EM), entitled “All we know about physical activity and the social environment: A systems mapping approach”, aimed to use a participatory systems mapping approach to explore beyond the dominant process-oriented models of physical activity initiation and maintenance, and shift toward a system-based logic of enquiry.

Murphy, who received the Herman Schaalma Award for best PhD in terms of originality, significance and rigour at the 2023 EHPS Conference, looks at how her career path and different research experiences contributed to this award and her current position as a research officer.

As the upcoming conference approaches, these summaries can serve as a springboard for further exploration. Refresh your memory on key topics, identify areas that piqued your interest, and come prepared to engage in even more dynamic discussions this year.

So, this summer, do not just soak up the sun. Soak up the knowledge and inspiration that awaits within the pages of the current issue. Let us be your companion on your summer adventures, both literal and intellectual.

Happy reading and if you would like to be
featured in future issues, please feel free to contact us at ehp@ehps.net!

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