## Sun, sandals and an interesting summer reading: a look back at last year's EHPS conference and much more

## July 2024 Special Summer Issue Editorial

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**Thomas Gültzow,** Open University of the Netherlands Ah, Summer! The season of lazy days, sun-kissed skin, and...catching up on your reading? Dive into summer with this new special summer issue of the European Health

Psychologist. In this issue you will find a series of articles dedicated to summarising last year's conference roundtables. Remember those fascinating discussions that left you wanting more? Authors have captured the essence of some of those conversations, providing concise and insightful summaries that will reignite the intellectual spark. On top of it, in this issue you will also find an overview of the 2023 CREATE workshop and much more.

**Blöchl and colleagues** provide insights from the roundtable "Addressing and Overcoming Power Relations in Health Psychology (Research): An Interactive Discussion" which represented an opportunity for a dialogue on issues of power in health psychology research and how to overcome them.

Mercer and colleagues present a summary of the "Tackling the Digital Divide: Forming recommendations for health psychologists' roundtable". The aim was to move the conversation on from trying to understand the why, what and how of the digital divide, and how researchers can contribute to narrowing the divide.

**Gültzow and colleagues** reflect on "Health Psychology & Pride! Where is LGBTQI+ in health psychology?". This roundtable covered various projects as examples of how health psychology has

and can make a positive contribution to LGBTQI+ health, identified reasons why this area gets less attention within the field, and proposed new research goals to expand the LGBTQI+ focus in the health psychology field.

**Bösch and Edgren** provide an overview of the 2023 CREATE Workshop and the lessons learned from communicating science for several audiences.

Rigby and Gatting summarise the 2023 EHPS Synergy Expert Meeting (EM), entitled "All we know about physical activity and the social environment: A systems mapping approach", aimed to use a participatory systems mapping approach to go beyond the dominant process-oriented models of physical activity initiation and maintenance, and shift toward a system-based logic of enquiry.

Murphy, who received the Herman Schaalma Award for best PhD in terms of originality, significance and rigour at the 2023 EHPS Conference, looks at how her career path and different research experiences contributed to this award and her current position as a research officer.

As the upcoming conference approaches, these summaries can serve as a springboard for further exploration. Refresh your memory on key topics, identify areas that piqued your interest, and come prepared to engage in even more dynamic discussions this year.

So, this summer, do not just soak up the sun. Soak up the knowledge and inspiration that awaits within the pages of the current issue. Let us be your companion on your summer adventures, both literal and intellectual.

Happy reading and if you would like to be

featured in future issues, please feel free to contact us at ehp@ehps.net!



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