

# Harvesting Fresh Insights in Health Psychology: October 2024 Editorial

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After basking in lazy summer days, sun-kissed skin, and for many, a sunny yet windy stay in Portugal, social media now reminds us that autumn has arrived. But that doesn't mean the season for harvesting health psychology insights is over. In this issue, you'll find a wealth of new insights, including:

**Omori** offers valuable insights into health psychology in Japan, a country that often remains underrepresented in the global (health) psychology literature. This paper seeks to present an overview of the current state of health psychology in Japan and explore its future trajectories.

**Den Daas and colleagues** received the 'Bring the Stakeholder' grant to invite Jillian Evans to the 2023 European Health Psychology Conference in Bremen. In their article, they share valuable insights on collaborating with stakeholders to address key health priorities, create direct and positive impacts on public health, and engage with equally passionate professionals.

**Sheeran**, one of this year's keynote speakers, shares insights on how researchers focused on the individual-level can contribute to broader, system-level change.

Another keynote speaker this year, **Dias**, highlights the crucial role of social and behavioural sciences in tackling public health challenges, offering valuable insights into their contributions.

Lastly, but certainly not least, **Norris and colleagues** offer insights into five years of the European Health Psychology Society's Open Science

Special Interest Group. Making use of this opportunity, we extend our gratitude for their dedicated work in establishing this much-needed group within our society.

Enjoy harvesting and if you would like to be featured in future issues, please feel free to contact us at [ehp@ehps.net](mailto:ehp@ehps.net)!



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