

EDITORIAL

Looking Back, Moving Forward: A Summer Issue of Reflection and Renewal

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Abstract

New season, new system! As we roll into summer and head toward EHPS 2025 in Groningen, the EHP editorial team has been navigating the wild frontier of innovation — testing out a brand-new publication process. It's been a journey full of plot twists, minor disasters, valuable lessons, and healthy doses of perseverance. We apologise in advance for anything that feels a little less polished — we're learning as we go and aiming to improve with each issue. In this editorial, we share the highlights of this edition, celebrate the incredible work of our community, and offer a glimpse of what's coming next. Consider it your slightly chaotic but well-meaning pre-conference companion. Wish us luck — and enjoy the read!

Key words: Editorial

As we approach summer and prepare for the EHPS 2025 Conference in Groningen, we are delighted to bring you one more issue of The European Health Psychologist before we meet in person. In the spirit of connection, innovation, and community, this issue highlights both exciting research and the activities that sustain our society year-round.

In this issue, we look both back and ahead — from annual reports to emerging frontiers:

A year in review and a look forward: In two contributions from the CREATE network, **Tack and colleagues** reflect on the 2024 conference from an early career perspective, while **Bamert and colleagues** outline what's coming next from CREATE — including this year's workshop on open science and the return of the popular Early Career Spotlight talks. **Watson and König** report on the 2024 Synergy Expert Meeting, where environmental and health psychologists joined forces to shape a new collaborative research agenda. Environmental health psychology is no longer just an idea — it's becoming a movement. **Colclough and fellow recipients** of the 2024 EHPS Conference Grants share reflections from their time in Cascais — from presenting exciting research to soaking up knowledge (and sunshine). Their stories remind us why it remains crucial to support access to scientific conferences. Last year's Stan Maes Early Career Award winner, **Jacob Crawshaw**, presents a concise yet comprehensive review of the medication adherence literature. A true example of bridging rigour with readability. And from last year conference Roundtables, two engaging contributions: **Winkens and colleagues** reflect on best practices in personalising digital health interventions, drawing lessons from shared experiences and system-level implementation and **Cornelius and colleagues** bring us into the “psychedelic renaissance,” discussing new theoretical and behavioural opportunities in health psychology.

Each article offers shared learning, honest reflection, and the ever-present drive to push health psychology further. We hope this issue inspires your own work and whets your appetite for the vibrant discussions that await us in Groningen.

You may notice that this issue looks different from previous ones. That's because Marianna Dalkou has stepped down as the Editorial Manager of our journal, and we have transitioned to a new, open infrastructure for assembling each issue. We would like to extend our heartfelt thanks to Marianna for her years of dedicated work and care in shaping the journal — her contribution has been truly invaluable.

The new system was developed by Gjalt-Jorn Peters, with support from Maya Braun and Thomas Gültzow. A big thank you to Gjalt-Jorn and Maya for their contributions! If you have any feedback, we'd love to hear from you. Please note that this version may look slightly different from future versions, as we're currently in a transition phase.

We'll be back soon with our special issues on intervention development. Until then, enjoy the reading and as always, if you'd like to be featured in future issues, feel free to contact us at ehp@ehps.net.



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