

# Annual Report - Denmark

**Nina Rottmann** *National association of Research  
University of Southern Health Psychology  
Denmark*

In Denmark, the National Health Psychology Association (Dansk Sundhedspsykologisk Selskab) is part of the Danish Psychological Association. Its aim is to develop the discipline of Health Psychology, for instance by organizing courses and workshops, etc. (Link to webpage: [www.sundhedspsykologi.org](http://www.sundhedspsykologi.org)).

The Danish Association for Psychosocial Medicine (Dansk Selskab for Psykosocial Medicin) focuses on a closely related field. Its aim is to promote research, teaching and development in the multidisciplinary research area of psychosocial medicine. (Link to webpage: [www.dspm.dk](http://www.dspm.dk))

## *Education, training & professionalization*

The Universities in Copenhagen, Aarhus, Odense, Aalborg and Roskilde offer bachelor and master degrees in psychology. As part of this education, they may offer courses in Health Psychology.

After having earned a Master's degree, a psychologist can attain public authorization by performing clinical work and undergoing supervision.

In addition to the Master's degree and authorization, the Danish Psychological Association (<http://www.dp.dk>) has developed a number of specialist degrees. The specialist degree in Health Psychology (children and adults) focuses on health promotion and psychological efforts in relation to physical illness.

Research in the field of Health Psychology is conducted at the psychology departments, but also at other health-related multidisciplinary research institutions.

For example, the Department for Psychology and Behavioral Sciences at Aarhus University has a Research Unit for Psychooncology and Health Psychology (<http://psykoonko.dk/>). The Institute of Psychology at the University of Southern Denmark in Odense is part of the Faculty of Health, and Health Psychology is one of the its four research and educational pillars.

([http://www.sdu.dk/en/0m\\_SDU/Institutter\\_centre/Institut\\_psykologi](http://www.sdu.dk/en/0m_SDU/Institutter_centre/Institut_psykologi))

The Institute of Psychology at the University of Copenhagen has a Centre for Humanistic Health Research.

([http://www.psy.ku.dk/Forskning/Fokusomraader/centre\\_for\\_humanistic\\_health\\_research/](http://www.psy.ku.dk/Forskning/Fokusomraader/centre_for_humanistic_health_research/))



Nina Rottmann  
Institute of Psychology and Institute of Public Health, General Practice, University of Southern Denmark, Denmark  
[nrothmann@health.sdu.dk](mailto:nrothmann@health.sdu.dk)