

29th Conference of the European Health Psychology Society

Conference workshops and meetings

It gives us great pleasure to welcome you to the 29th Annual Conference of the European Health Psychology Society in Limassol, Cyprus (Tuesday 1st to Saturday 5th of September, 2015) titled "Principles of Behaviour Change in Health and Illness". We are honored to have four distinguished keynote speakers: Prof. Howard S Friedman, Prof. Susan Michie, Prof. Ronan O'Carroll and Prof. Joanne Dahl. We have a wide range of topics with 7 parallel sessions and hundreds of posters presenting cutting edge research in the area of Health Psychology. The conference program is enriched with the preconference activities i.e. the Synergy Expert Meeting, titled 'M-health for behaviour changes: Opportunities, challenges, and future directions' and will be facilitated by Professors Lucy Yardley, Susan Michie and Robert West (held on 31st August and 1st September); the Create workshop, titled 'Writing science for journals, funders and other audiences' and it will be facilitated by Dr. Jean Adams, Dr Justin Presseau and Professor Martin White (held on 30th August to 1st September); the Meet-the-experts session (held on 1st September) where individuals can have a chance for an intimate scientific discussion with one of our keynote speakers; as well as five excellent conference workshops. The conference workshops will be held on Tuesday 1st September and include the following:

1) Using Item Response Theory in questionnaire development and theory testing in Health Psychology, facilitated by Dr Katarzyna

Byrka, Dr Mieke Kleppe, and Dr Alexandra Dima.

2) To Provide Innovative Strategies for Writing Scientific Papers, Including Creative Use of New Internet Resources, and Responding to Reviews, Including Rejection, facilitated by Professor James Coyne.

3) How do you conduct a meta-ethnography? An introduction to meta-syntheses, facilitated by Dr Gülcan Garip.

4) Motivational Interviewing in Health Care - willing ready and able to change health behaviours, facilitated by Dr Konstadina Griva and Dr Graeme Horridge.

5) Using Acceptance and Commitment Therapy (ACT) in Health Psychology settings - an experiential introduction, facilitated by Nuno Ferreira.

The conference venue, the Grand Resort, is a beautiful 5 star hotel right by the seaside offering high standards of services at a premium location. It

is located at the outskirts of Limassol town (approximately 11 km from the city centre) with numerous buses and taxis running between the hotel and the city centre throughout the day. There is also a beautiful "foot and cycle" pathway by the seaside, close to the hotel, that takes you right to the centre. The town of Limassol is located on the Southern coast of the island, on Akrotiri Bay, between the ancient towns of Amathus and Kourion. Limassol was inhabited continuously since ancient times and tombs discovered there date back to around the 2nd century B.C. Its special characteristics, including



the blend of ancient, contemporary and multicultural infrastructure, along with the 16 kilometers of sandy beaches, and the colorful wine villages surrounding the town, offer countless opportunities for endless activities for everyone.

The registration is open and you can find more information for all the activities before and during the conference at the following link:
http://www.ehps2015.org/?page_id=68

We very much look forward to welcome you to our beautiful island!

On behalf of the Local Organising Committee

