

EHPS 2015

29th Conference of the EHPS - Cyprus 2015

Principles of Behaviour Change in Health and Illness

Message from the Organising Committee

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On behalf of the Organising Committee we would like to share with you our excitement in hosting this year's EHPS conference in Cyprus at the beautiful seaside city of Limassol. A lot of work has been done over the past two years and both committees managed to design a conference that will provide a comprehensive overview of the latest research in the development of Health Psychology. Furthermore, it is of great importance that EHPS 2015 is being held in Cyprus as Health Psychology is not yet widely known on the island. Indeed, it is not recognized as a profession, and to-date no programs of training exist. We hope that by hosting the conference, and most importantly by exposing local health and mental health professionals to health psychology, the conference will act as a catalyst for its development.

The Local Organizing committee has invested great energy in designing the social program of the conference. The opening ceremony will be held in the main hall with a local traditional band welcoming all the delegates. A conference reception including cocktails will take place



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around the swimming pool area of the Grand Resort Hotel, followed by a beach party with a DJ until midnight. The conference dinner will be held in the old Carob Mills, where delegates will have the opportunity to taste traditional and modern Cypriot dishes, accompanied by local drinks, live music and local dancing. We have also planned some further social events and activities such as discounts for the Opera Festival (Rossini's Cinderella), tours to wine villages and excursions to all the main cities of the island and Troodos mountains.

With regard to the Venue Town, Limassol, it should be noted that this is a unique and wonderful seaside city with a rich history and culture that goes back to ancient times. It is located on the southern coast on Akrotiri Bay between the ancient towns of Amathus and Kourion. Limassol was inhabited continuously since ancient times and tombs discovered there date

back to around the 2nd century B.C. Its special characteristics such as the blend of ancient, contemporary and multicultural infrastructure along with the 16 kilometers of sandy beaches and the colorful wine villages surrounding the town offer countless opportunities for exploration!



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