

## EHPS report

## Introducing new members of the EC



**Robbert Sanderman**

*President-Elect*

I was trained as a clinical psychologist. After my PhD (1988) I went on in doing research and took up teaching to both students in psychology and medicine. From 1997 until June 2013 I have been scientific director of the Research Institute for Health Research (SHARE) of the University Medical Center Groningen (UMCG). Currently I am member of the Management Team of the Graduate School of Medical Sciences of the UMCG. As of 1999 I am a full professor of Health Psychology, University of Groningen and I hold a part-time professorship of Health Psychology at the University of Twente (March 2013 ongoing). My research is focused on psychological and social adaptive processes in patients with a chronic somatic disease (e.g. cancer, diabetes, heart failure and COPD). Apart from studying development over time of quality of life and psychological mechanisms in adjustment, I am involved in studies testing the efficacy of psychosocial interventions aimed at restoring quality of life among such groups of patients. In order to translate research findings into clinical guidelines I have been co-editor of several books, e.g. one book focusing on psychological treatment in chronic patients and one on psycho-oncology. Papers, which I co-authored, have been cited well over 5000 times, with an average of 28 cites per paper. My Hirsch-factor is 36. Currently I am—among others—member (and vice-chair) of the scientific board of the Dutch Kidney Foundation and member of the Dutch Society of Medical Psychologists. I was vice-chair of the board of the psychosocial scientific committee of the Dutch Cancer Society, and I am Past President of the Dutch Behavioral Medicine Federation and Past President of the Dutch Society of Psychosocial Oncology and I was Chair of the Board of the Dutch Research Institute Psychology and Health.

I'm a final-year PhD student at the Institute of Health & Society (Newcastle University). My PhD centres around the development of an intervention to promote sun-protection behaviours amongst holidaymakers. I also lead the 'mISkin trial' (<http://www.controlled-trials.com/ISRCTN63943558>), which aims to explore whether a Smartphone app ('mISkin') can be used to support holidaymakers to reduce their sun exposure. I'm particularly interested in theories of behaviour change, development of behaviour change interventions, and skin cancer prevention. I'm currently serving my second year as chair of the CREATE Executive Committee, having previously served two years as an ordinary member. Collaborative REsearch And Training in the EHPS (CREATE) is a subdivision of the European Health Psychology Society (EHPS) that aims to promote education and collaboration for early career researchers working in the field of health psychology. CREATE organises interactive workshops each year on specific topics of interest identified by the participants of the network. We are also responsible for the organisation of the 'Meet the Experts' sessions.



**Angela Rodrigues**

*Chair, CREATE*

I am a Research Associate based in the Behavioural Science Group, University of Cambridge, and an Honorary Lecturer within the Division of Primary Care, University of Nottingham. My research interests currently focus on understanding how to change smoking behaviour, particularly using individually tailored mobile phone based self-help interventions. I have been involved in Synergy since 2008 and in 2010 I became the convenor. Synergy is a subdivision of the EHPS and coordinates the Synergy annual workshop prior to the main EHPS conference, the pre-conference workshops and Special Interest Groups (SIGs). I am very lucky to work with an excellent and committed group of individuals who make up the Synergy board (Panayiota Andreou, Gjalte-Jorn Peters, Lisa Warner, Anne Marie Plass and Maria Karekla). Our responsibilities for society based activities have increased in recent years to help us work towards the primary goal of Synergy: to advance the standard of work within the society and stimulate networking and collaborative research between researchers.



**Felix Naughton**

*Convenor, Synergy*