



 EUROPEAN HEALTH  
PSYCHOLOGY SOCIETY

# THE EUROPEAN HEALTH PSYCHOLOGIST

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## The European Health Psychologist Editorial

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Dear Readers,

This is a truly special issue of the *European Health Psychologist*. Not only does it mark the 1<sup>st</sup> anniversary of the EHP and appears, like all September issues, in print, it is also the last issue that will appear under the editorship of Irina Todorova, who will become President Elect of the European Health Psychology Society. Irina has been the Editor of the EHPS newsletter since 2002. During the four years in office she has established the newsletter as a key source of timely information on health psychology within and beyond the EHPS.

In 2004, the EHPS Executive Committee and the Editor involved us as co-editors with the aim to expand the potential of the newsletter, to develop a new format for the newsletter guided by the principle of involvement and a strong focus on science. As a result, the *European Health Psychologist* was launched to address the growing need for communication in a rapidly developing dynamic society. It retains the role of official source of information of the EHPS, but it adds scientific contributions using formats which are not available in other health psychology publications, including short and provocative position papers and concise research letters.

The development of the newsletter has been guided by a clear philosophy of a publication that involves its readers in the generation of content, provides a platform for communication about health psychology and represents the diversity of scientific approaches within the EHPS. This strategy was facilitated by the development of new formats such as 'Hot Topics', country and workgroup profiles, but also by involving individuals and attracting high quality contributions. Some of the leading health psychologists contributed to the previous and current issues and we have received vivid and enthusiastic feedback. We would like to thank all the contributors for their work, as well as the readers for their feedback.

We would like to thank Irina Todorova for the outstanding work as Editor and for giving us the chance to be involved. We wish her all the best for her future role as President of the EHPS.

We hope you will continue to submit interesting work as well as relevant information for publication in the EHP. All previous issues, as well as information for authors can be found on the web ([www.ehps.net](http://www.ehps.net)). Most important, the EHP is open to communicate any issues relevant for the scientific progress within the EHPS and welcomes ideas, input and involvement that helps to *further the dialogue in Health Psychology*.

Falko Sniehotta & Vera Araújo-Soares, EHP Co-Editors