EUROPEAN HEALTH PSYCHOLOGY SOCIETY

EMAIL NEWSLETTER – SEPTEMBER 2002

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1. PRESIDENT'S MESSAGE

Dear EHPS Colleagues,

There are only a few weeks to go, our annual Conference is about to take place. Within the context of a life-span perspective, many excellent presentations whet our appetite. Key note addresses, round tables, oral and poster presentations promise to be very attractive components of the programme.

Make sure to attend the Members Meeting - the Executive Committee welcomes discussions with our members about important future issues. Elections, initiatives with regard to establishing links with other societies and groups in the health psychology area will be on the agenda.

I am sure our Portuguese conference organizers will be able to make sure the weather will be great as well.

We are including the program for the opening day of the Conference. The rest of the provisional program can be accessed at: <u>http://www.sp-ps.com/4congresso/provisional.html</u>

See you soon in Lisbon!

Ad Kaptein, EHPS President

2. PROVISIONAL PROGRAMME

THE 16TH CONFERENCE OF THE EUROPEAN HEALTH PSYCHOLOGY SOCIETY

Lisboa, 2-5 October 2002

WEDNESDAY, 2 OCTOBER

| 12.00-18.30 hrs | Registration | Forum Lisboa |
|-----------------|--------------|--------------|
| | | |

| 14.30-15.00 hrs | Opening Ceremony | Forum Lisboa |
|-----------------|------------------|--------------|
| | | |

| 15.00-16.00 hrs | KEY NOTE ADDRESS | Forum Lisboa | | | |
|---|-----------------------|--------------|--|--|--|
| ELAINE LEVENTHAL | | | | | |
| Gerontological Institute, Robert Wood Johnson Medical School- USA | | | | | |
| "Health and Illness Across the Lifespan: How Our Body Speaks to Us Throughout the | | | | | |
| Years" | | | | | |
| | Chair: Marie Johnston | | | | |

16.00-16.30 hrs

Coffee break

| 16.30-17.30 hrs | KEY NOTE ADDRESS | Forum Lisboa |
|-----------------|------------------|--------------|
|-----------------|------------------|--------------|

HANS ORMEL

University Hospital Groningen- The Netherlands

"Emotional Disorders and Disability: A Life Span Perspective" Chair: Stan Maes

| 19hrs | OFFICIAL RECEPTION | Ginginha |
|-------|---------------------------|----------|
|-------|---------------------------|----------|

3. IMPRESSIONS FROM SUMMER CONFERENCES

THE INTERNATIONAL CONGRESS OF APPLIED PSYCHOLOGY 2002

DIVISION OF HEALTH PSYCHOLOGY

The XXV International Congress of Applied Psychology (ICAP) met in Singapore, July 7-12, 2002. The scientific program for the XXV ICAP was developed with the active participation of the 14 Divisions of the International Association of Applied Psychology (IAAP). The Congress was highly successful. Singapore was a superb choice for an international meeting with safe streets, wonderful restaurants and warm hospitality. The multicultural environment that characterizes Singapore was greeted enthusiastically by the international delegates. The geographic location of Singapore also allowed for greater participation from psychologists from the east and the south. With the founding of the Asian Health Psychology Society (AHPS) in August 2000 in Tokyo, health psychology is more visible now in the east than it has been in the past.

Division 8 Health Psychology Program Chair was Ralf Schwarzer and the members of this Committee were Stevan Hobfoll, Esther Greenglass and Kyoko Noguchi. An Invited Keynote Address on culture and health was given by George Bishop from Singapore. Symposia were presented on a wide range of topics in health psychology including stress and resilience, coping, anger, culture and health, spiritual factors and health, social cognition models of health, health behaviour, HIV and AIDS, gender and health, burnout and occupational issues, and adolescent health. Through the many talks, symposia, paper and poster sessions, it became very clear that the issue of health affects all areas of psychological inquiry. It is a ubiquitous theme affecting home and work spheres, cognitive and affective functioning and interpersonal spheres of functioning as well. The importance of the cultural context of individual functioning was a theme of the congress, as important to health psychology as to any of the other divisions.

The international participation of delegates in all facets of health psychology and the enthusiasm that greeted our scientific program attest to the growing interest internationally in the field of health psychology. The Singapore meeting was a catalyst for increased international collaboration in the area of health psychology research. This, combined with the relative ease of communication, due to email, has resulted in unparalleled opportunities for international collaboration.

The IAAP meeting in Singapore not only offered an excellent opportunity for researchers from the east and west with similar research interests to meet and collaborate, it also enabled us to interact with colleagues from other countries, thus increasing our knowledge and appreciation of different cultures and their relationship to health psychology.

Esther R. Greenglass President Elect, Division 8, Health Psychology, IAAP

MAKING SENSE OF HEALTH, ILLNESS AND DISEASE

St. Catherine's College, Oxford 2002

The conference was part of a project entitled **`Probing the Boundaries**` that aims to bring together people from different areas, backgrounds and interests in order to share ideas and explore various discussions which are innovative and exiting around the area of making sense of health, illness and disease.

Behind the rationale of the conference lies the idea that learning and reflection are best conducted through an interactive process, which engages in mutual and reciprocal dialogue. Such dialogue must take people beyond the boundaries of what they already know and do, to share perspectives they would not usually encounter.

Among the different topics presented and dealt with were: Suffering, Meaning and Literature; Religion, Spirituality and Illness; Doctors, Bodies and Medicine; Narratives, Resonance and Identity; Health, Wellness and Enjoyment; The language of Bodies; Ethics, Research and Chronic Pain; Defining Parameters & the Context of Practice; Making Sense of Medicine and more. A continuation of the conference is scheduled for next year.

Andres Konichezky Department of Psychology Tel-Aviv University, Israel.

THE FIRST EUROPEAN CONFERENCE ON SOCIAL ROLES, STRESS AND HEALTH

Las Palmas de Gran Canaria, Canary Islands, Spain, June 26-28, 2002.

With the collaboration of the European Health Psychology Society (EHPS).

With the attendance of more than 100 psychologists and other health professionals, the First European Conference on Social Roles, Stress and Health was held at the Auditorium "Alfredo Kraus", Las Palmas de Gran Canaria, Canary Islands, Spain, in June 26-28, 2002. Organized by the Ilustre Colegio Oficial de Psicólogos de Las Palmas (COP LP) (Las Palmas Professional Association of Psychologists) and with the collaboration of EHPS, the Cabaildo de Gran Canaria (Gran Canaria Government), the Universidad de Las Palmas de Gran Canaria (ULPGC), and the Instituto Canario de la Mujer (Canary Institute of Women), it had the cosponsorship of the World Health Organization (WHO) and of the national Colegio Oficial de Psicólogos (COP).

During the three days of the Conference, eleven leading authorities in the field of stress, coping and health from Europe and the United States presented recent advances of their research, using a gender approach. It is important to mention that Prof. Adriana Baban, from the Faculty of Psychology of the University Babes-Bolyai, Cluj-Napoca, Romania, and present Secretary of ESHP, was one of the invited lecturers, but unfortunately was unable to attend. She sent her greetings to the organizers and participants and wished them success. At the opening session in the afternoon of June 26, 2002, after Doña Cristina López Díaz, Dean of COP LP, welcomed the participants, she also read the speech sent by Dr. Wolfgang Rutz, WHO Consultant for Mental Health of the European Office, as he was unable to attend due to other commitments at the last minute. In his message, Dr. Rutz pointed out that the year 2001 was dedicated to mental health by United Nations and by WHO, to show that the stress and burden of mental illness affect individuals, families and societies. Among other things, he underscored that governments should give priority to the promotion of mental health and the treatment of mental illness, taking into consideration that in more than 80% of the countries, less than 3% of the health budget is spent on mental health. Dr. Rutz greeted the participants also on behalf of Dr. Gro Brundland, WHO Director General, and of Dr. Marc Danzon, Director of WHO Regional Office for Europe.

Three lectures were then offered in the first session of the Conference. Prof. Dr. Ulf Lundberg, from the Department of Psychology and Centre for Health Equity Studies (CHES), Stockholm University, Sweden, presented the results of his research under the title "The Role of Stress and Gender in the Development of Neck and Back Pain". Prof. Lundberg presented recent studies with women cashiers in supermarkets that show that psychosocial factors, such as work related stress, contribute to the development of muscle pain. In fact, said Prof. Lundberg, laboratory experiments confirm that mental stress contributes to muscle tension and thus, may cause damage to the muscle fibres, in the absence of physical work. Women are more affected than men, as they frequently have more repetitive tasks, a greater total workload and higher stress hormone levels after work.

Prof. Pilar Matud Aznar, from the Faculty of Psychology of La Laguna University, Tenerife, Canary Islands, Spain, reported on her study "Multiple Roles and Health in Women: A Study of the Canary Population". She showed the results of a study with a sample of 1 570 women, 18-65 years of age, from different educational and occupational levels. It was found, Prof. Matud stated, that the most relevant variable for health was the perceived role quality, so that women more satisfied with their role presented less somatic and psychological symptomatology. Prof. Matud concluded that traditional roles are the ones associated with poorer health in women, and not employment outside home.

The next speaker was Rosalind Chait Barnett, PhD., Director of the Women's Studies Research Center, Brandeis University, Waltham, Massachusetts, USA. In her presentation "An Expanded Model of the Stress-Illness Relation in Work", Dr. Barnett reported on her studies with women physicians and the relation between occupational stress and health. She pointed out the need to overcome the dominant model of work burden that proposes direct effect relations between particular work conditions and health states, and substitute it for one that adds three elements: the inclusion of subjective job conditions (role quality), attention to indirect effects (mediators and moderators) and incorporation of within-couple crossover effects.

The poster session was held in the morning of June 27, 2002, where the public had an opportunity to communicate with the authors of the papers. In the afternoon, another three speakers presented their research results.

Prof. Gerdi Weidner, Vice-president and Research Director of the Preventive Medicine Research Centre, Sausalito, California, U.S.A., stated in the lecture "Gender Differences in Coronary Risk: Implications for Intervention", that the studies carried out in Eastern and Western Europe show that the male adult population in Eastern Europe is suffering from an epidemic of coronary heart disease. She pointed out that traditional risk factors for coronary heart disease (high cholesterol and blood pressure levels, smoking, etc.) only partially contribute to its occurrence, and that psychosocial factors related to stress and behaviour (hostility, depression, gender roles, maladaptive coping styles, social isolation, excessive alcohol consumption, etc.) play a fundamental role in the development of coronary heart disease. This must be taken into consideration in the interventions, concluded Prof. Weidner, and must include increasing social support, decreasing depression and improving lifestyles and coping skills.

Prof. Bernardo Moreno, from the Faculty of Psychology of the Universidad Autónoma de Madrid (UAM), talked about "Burnout in the Health Professions: a Gender Perspective". He referred to the gender differences in health practice and in the system of relations with the clients/patients. He expressed that until recently it was thought that women workers in the health sector were at a greater risk of suffering burnout, due to their greater emotional involvement and to the characteristics of their tasks in health care, a vulnerability factor. However, Prof. Moreno pointed out that it has been demonstrated that sociodemographic factors have less relevance than was expected, and that organizational and personal factors are critical elements for burnout levels, and for this reason, a gender theory of burnout should address that process in its causal and precipitating factors. He suggested the use of methodologies such as Multivariate Analysis of Variance and Multiple Regression Analysis.

Dr. Izabella Rohlfs, epidemiologist from the Centre of Analysis and Sanitary Programs (CAPS), Barcelona, Spain, talked about "The Impact of Invisible Work: How Are Housewives Doing?" She began by conceptualising health in its social context, social identity and gender, putting an emphasis on the differences in the health situation of men and women, explained by their different roles in society. She continued offering research results comparing working women with housewives (women with non remunerated work, invisible work, as she called it) and showed that working women had better health indicators than housewives. She recommended promoting equal responsibility for men and women in housework and childrearing, giving more visibility to women's health problems, improving health services for women, paying attention to their biopsychosocial needs and promoting more social participation processes.

On Friday, June 29, 2002 five lectures were given. Prof. Ralf Schwarzer, from the Department of Psychology of Freie Univestität Berlin, Germany, presented the results of the study "Social Support, Health and Gender: Dyadic Coping of Patients Undergoing Tumoral Surgery". Prof. Schwarzer underscored the importance of social support in coping with cancer surgery, considering in his research the patient and his/her partner as the unit of analysis. With a longitudinal design, patients were surveyed before surgery (time 1) and were interviewed one week after (time 2). Presurgical social recourses and social and ruminant forms of coping were examined, in terms of a variety of results in recovery. Also the resources of the partner and of the patient were measured. It was found, concluded Prof. Schwarzer, that the social support of the partner measured in time 1 could predict recovery from surgery at time 2 and readjustment to a normal live after six months (time 3).

Then Prof. Ma. Isabel González de Chávez, from the Faculty of Health Sciences of ULPGC-, Canary Islands, Spain, gave a lecture on "Fibromyalgia: Stress and the Present Condition of Women". Prof. González de Chávez offered a symptomatological and epidemiological description of fibromyalgia, affecting 4,2% of Spanish women and 0,2% of men, with a female/male ratio of 9/1. She explained the possible psychosocial, cultural and socioenvironmental etiological factors, stressing the relevance of negative experiences during childhood, specially physical, psychological and sexual violence, and the importance of the cultural model associated to gender: "femininity" and the maternal ideal. Also, she underscored that multiple role stress may also contribute to the etiology of the condition.

Prof. Andrew Steptoe, from the University College London, United Kingdom, presented the results of his study under the title: "Gender Roles, Work, Stress Responsivity and Health", based on the method of daily ambulatory physiological monitoring, which measures physiologic responses, such as blood pressure and stress hormone cortisol in real-life settings, without causing great disturbance to the participants. Prof. Steptoe pointed out that recent studies relate work, gender and family roles (marital and parental) with biological responses related to stress. He continued by stating that results indicate that cortisol tends to be elevated early in the day, when persons go to work, but not over the week-end and holidays. This increase is higher in women than in men, probably due to the additional tasks performed typically by women before leaving for work in the morning. In contrast, blood pressure reduces at night, but this effect is related to family roles and social support. This seems to buffer the increases in blood pressure induced by stress during the day.

Prof. Julia Sebastián, from the Faculty of Psychology of UAM, Spain, talked about "Stress Factors in Oncological Illness: Breast Cancer". She pointed out that some characteristics of cancer in itself imply a situation generating stress, due to the fact that the condition supposes a threat to life, is a chronic condition with which the patient has to live, therapies are often aggressive, are applied to avoid long term negative consequences and not to receive immediate positive results, and also, there is uncertainty about the effectiveness of treatment. In this sense, Prof. Sebastían stated that family, the primary support for the patient, in most of the cases needs to receive the intervention of the psychological team of the health care centre, so that family members can satisfy the emotional needs of the patient.

Finally, Prof. Alexandra Luszczynksa, from the Department of Psychology of Warsaw University, Poland, presented the results of two studies (about wearing seatbelts and breast self-examination) under the title "Self-regulatory Cognitions in the Change of Health Behaviour: the Role of Phase Specific Self-Efficacy". She explained how they apply the model of the Health Action Process Approach (HAPA), which takes into consideration the distinction among pre-intentional and post-intentional processes in the frame of the concept of self-efficacy. Results showed the very important role of self-regulatory strategies (as planning and specific phase self-efficacy) to translate goals into action.

There was a general agreement among the participants that this was a very stimulating scientific conference. It was widely covered by the local media (press, radio, and TV), which interviewed many of the speakers, so that much of the research information delivered at the Conference was also shared with the general public.

The Organizing Committee and the Directive Board of COP LP want to express their gratitude to EHPS for its collaboration in the promotion and support for the Conference.

Lourdes García Averasturi and Eugenio Egea Molina Organizing Committee, COP LP

THE BRITISH PSYCHOLOGICAL SOCIETY DIVISION OF HEALTH PSYCHOLOGY

ANNUAL CONFERENCE – SHEFFIELD 4TH – 6TH SEPTEMBER 2002

Given the widely acclaimed success of the joint EHPS – Division of Health Psychology (DHP) conference in St Andrews in 2001, the organisers of the 2002 DHP conference held recently in Sheffield had a hard act to follow. Fortunately, the consensual view seems to be that they have in turn set difficult standards to live up to for subsequent DHP conferences.

The conference was attended by over 300 delegates, who enjoyed a stimulating and varied academic and social programme. The conference got off to a fine start with a keynote address by Prof Susan Folkman of the University California, San Francisco, who presented findings related to her more recent work on positive emotions in the stress process. A particularly interesting emphasis of this presentation was an exclusive focus on either negative or positive emotions alone can give at best a partial account. The final presentation was a keynote by Robert Plomin of Kings College, London, on human genetics research, describing how closer links between health psychologists and behavioural geneticists may be fruitful for both parties.

In between these two keynote presentations were over 80 oral presentations and over 100 posters, representing much of the research that is being undertaken in the UK. An invited symposia which was enjoyed by many people including myself, concerned optimism and health, and included contributions from Bill Klein (USA), Denise de Ridder (Utrecht) and Vera Hoorens (Leuven), as well as Fiona Jones and Sabine Paul, and a discussion by Dick Eiser. Other symposia were concerned with emotional style, adherence, cervical cancer screening, health services research, "think aloud" methodology, critical health psychology, understanding health information, paediatric cancer and pain. There were also several themed paper sessions. A new feature at the DHP conference was a presentation on consultancy in health psychology by Marcus Munafo, as the recipient of the first DHP Early Career Award, which stimulated much discussion subsequently. A further new feature was the first BREATHE workshop for two days prior to the conference for early career researchers, this year on Regression and Measurement, lead by Stephen Sutton and myself.

Apart from the many fine presentations, the social aspects of the DHP conference were also of a high standard. They kicked off with a wine reception at the impressive Millenium art gallery, followed by dinner and reduced entry at Sheffield's Leadmill nightclub. This was followed the next evening by the conference dinner and disco at the Royal Victoria Hotel, the consequences of which were all too apparent amongst many of the delegates on the final morning. So all in all, this was a fine conference from many points of view, and I can only hope that the next DHP conference to be held in Stafford on Sept $3^{rd} - 5^{th}$ 2003 will be of a similar standard, and be enjoyed by more participants from other parts of Europe. More details will be continually provided at the following website: www.staffs.ac.uk/dhp2003

David French, PhD, CPsychol. University of Cambridge/ GKT School of Medicine (<u>dpf20@medschl.cam.ac.uk</u> and david.french@kcl.ac.uk)

4. ANNUAL REPORTS FOR 2001-2002

NATIONAL REPORT FROM ISRAEL

During the course of the last year, there has been significant progress in the development of the field of Health Psychology in Israel. After the Ministry of Health has acknowledged the field as a separate specialization in May 2001, a professional committee was formed, whose aim was to recognize psychologists who have worked in the field in the past, as specialists or supervisors for new comers. During the designated period of time, 200 applications were submitted to the committee, and the deliberation over the applications is still taking place. In addition, the committee is working towards gaining recognition of training facilities and work places, as well as establishing discussion forums and joint activities.

In February 2002 a festive seminar was held, sponsored by the Ministry of Health, in which a number of issues, relevant to the field of Health Psychology, were discussed. In 2003 the first M.A program in Health Psychology will be launched in Israel. The program is in the process of being approved by the Israel Council of Higher Education.

As mentioned in the previous report, we aim to develop the field of Health Psychology as a unique one, not as part of Clinical Psychology. This intent will be manifested both by the formal education gained by the M.A students and in their practical work in the medical system. We believe that a Health Psychologist in the 21st century should possess broad psychological and medical education, and should combine research and clinical work. The split which exists today between clinicians and researchers is unnatural and results in situations such as a researcher in the field of Cardiology who has never seen a patient with heart disease, or vice versa – a psychologist treating a cancer patient, yet is not up-to-date on the latest advances in the research of the disease. Many research projects being conducted in Israel are related to the field of Health Psychology, such as in psycho-oncology, psychoneuroimmunology, illness perception (patients' and physicians') quality of life, psychological interventions before and during medical procedures, sleep disorders, and more.

As a result of the unrest in Israel these days, naturally there is much research being conducted in the field of stress and PTSD. In addition to the research activities and the training plan for professionals in the field, we are working towards creating a site for all citizens, Jews and Arabs, which will provide information and tools for coping with the stressful situations to which all of us are exposed. With the advancement of the training program in Health Psychology in Israel we aim for further cooperation with the European Community and for allocating scholarships to young researchers in order to enable them to participate in the E.H.P.S conferences and the "Create" workshops.

Finally, we hope to host the E.H.P.S annual conference in Israel in the next few years. I would like to wish all of us that the year to come will bring with it peace and quiet to all the peoples of our region.

Cordially Rebecca Jacoby E.H.P.S. Israeli Delegate E-Mail: <u>rebecca@freud.tau.ac.il</u> Department of Psychology Tel-Aviv University Ramat-Aviv, 69978 Israel

NATIONAL REPORT FROM HUNGARY

The Hungarian Health Psychology Society has about 40 members from various professional fields. The association supports diverse activities all connected to Health Psychology. The main focus of the Association is to foster health promotion through education and research. The Society collaborates with the Institute of Behavioural Sciences and the Hungarian Association of Behavioural Medicine János Selye.

Social and scientific communication

- 1. The quarterly journal of the society: Journal of Mental Health and Psychosomatics. The journal is addressed to all helping professionals in the field of Health Psychology. During the past year the Association released four issues of the journal.
- **2.** Internet services in collaboration with the Institute of Behavioural Sciences. (http://www.behsci.sote.hu) The home page offers therapeutic consultation as well as scientific information and details about research programmes.

Education

- 1. Health Psychology course for third year medical students in co-operation with the Institute of Behavioural Sciences.
- 2. Course for Psychology students specialising in Health Psychology.
- 3. Postgraduate courses for PhD-students.

Research

- 1. Analysis and current publication of the results of the 1998 national survey.
- 2. Roma minority Health Survey and intervention programmes.
- 3. Preparation and conducting of the HUNGAROSTUDY 2002 in collaboration with the Institute of Behavioural Sciences in the framework of the National Research and Developmental Programme of the Hungarian Ministry of Education.

Conferences

- 1. April 7th 2001: World day of Mental Health. Multidisciplinary conference organised by the Hungarian Health Psychology Society and the Institute of Behavioural Sciences.
- Organizing the Symposium on Education in Health Psychology and Behavioural Medicine as part of the 7th International Conference of Behavioural Medicine (Helsinki, 28-31 August 2002)

Health Promotion Programmes

- 1. Homestart Programme
- 2. Postpartum depression screening for women.
- 3. School health promotion programmes.

János Réthelyi MD Secretary Mária S. Kopp Md, PhD President H-1089 Budapest, Nagyvárad t 4 Hungary T:36-1-210-2953, F:36-1-210-2955

5. CONFERENCE ANNOUNCEMENTS

6th WORLD CONGRESS of PSYCHO-ONCOLOGY

This exciting conference represents a joint effort of CAPO, the American Society of Psychosocial and Behavioural Oncology/Aids (<u>ASPBOA</u>), the International Psycho-Oncology Society (<u>IPOS</u>) and <u>The Wellness Community</u>. This international conference will bring together experts in the area of psychosocial oncology from around the world. The theme of the conference is: The Art and Science of Psychosocial Oncology: Advancing Research, Strengthening Advocacy, Refining Clinical Care, Forming Alliances.

The conference locale will be the <u>Banff Centre</u>, featuring the stunning backdrop of the beautiful mountain village of <u>Banff, Alberta</u>. Located just one hour west of <u>Calgary</u>, Canada.

Accommodation

Special rates have been negotiated with a number of hotels, including the conference site, the Banff Centre. Limited rooms are available for conference guests, so be sure to book as soon as possible to guarantee your first choice.

Preliminary Program Information

Among the outstanding speakers at the conference will be the Hon. Bob Ray, former Premier of Ontario, who will speak on advocacy for cancer patients. We are also honoured to have <u>Ted Kennedy Jr.</u>, from the United States, delivering a keynote address with <u>Dr. Jimmie Holland</u>, widely considered the founder of Psychosocial Oncology in North America. Ted Kennedy Jr. lost one of his legs to bone cancer in 1973 at the young age of 12 years. Over two decades later, this cancer survivor devotes much of his life to working as an advocate for the civil rights of people suffering from a disability or terminal illness.

Call For Abstracts

The official first call for abstracts has now been posted in the link below. The deadline for abstract submission is November 15, 2002. All abstract submission will be done electronically through the website: <u>www.capo.com</u>

POSITIVE PSYCHOLOGY AND HEALTH PRECONFERENCE

A pre-conference focusing on positive psychology and health will be held on February 6th, 2003, as part of the Society for Personality and Social Psychology annual meeting in Los Angeles, California (www.spsp.org/confer.htm). The pre-conference will focus on the links between positive psychological factors and physical health, shifting from a "stress and disease" model to one focusing on health promotion. The day-long meeting will include presentations by Jim Blascovich, James Gross, Carol Ryff, Annette Stanton, and Shelley Taylor. John Cacioppo will act as discussant for the session. Information on registration for the pre-conference will be available as part of the SPSP registration packet. For further information, please contact the pre-conference organizers:

Julie Bower, Ph.D. Cousins Center for Psychoneuroimmunology at UCLA email: jbower@ucla.edu Shelly Gable, Ph.D. UCLA Department of Psychology email: gable@psych.ucla.edu

THIRD CONFERENCE OF THE INTERNATIONAL SOCIETY OF CRITICAL HEALTH PSYCHOLOGY

Takapuna, Auckland, New Zealand 10-12 April, 2003

Following the great success of the two previous conferences, we are pleased to announce the third conference of the International Society of Critical Health Psychology, which will be held in Auckland, New Zealand in April 2003. Please note the dates in your diaries, and start planning now for your attendance. The programme will be organised around a combination of four academic activities, Keynote Lectures, Key Topic Symposia, Paper Sessions and Symposia, and Poster Sessions, alongside social and cultural activities.

Keynote Speakers:

Isaac Prilleltensky, (Melbourne Australia) "Towards Psychopolitical Health and Well-Being" Michelle Crossley (Manchester, UK) "Rethinking Health Psychology" Linda Tuhiwai Smith (Auckland, New Zealand)"It's all in the mind (yeah, right) - Recovering from colonization and oppression"

Key Topic Symposia:

Hank Stam (Calgary, Canada) "Medicalisation" Paula Nicolson (Sheffield, UK) "Gender/sexuality" Helene Joffe (London, UK) "Images of health"

Closing dates for submissions are October 25, 2002, but you are strongly advised to make travel arrangements well before that date. For detailed information on the conference, costs, venue, and getting there, see the website at <u>http://ischp.massey.ac.nz</u>

CENTRE FOR NARRATIVE RESEARCH NARRATIVE WORKSHOP IV: NARRATIVE AND HEALTH

Thursday, November 14th, 10:00 - 5:00 King's College, Cambridge, UK

The Centre for Narrative Research is organizing its fourth one-day workshop, this time focussing on the relationship between narrative and health. The workshop is primarily geared to post-graduate students working in narrative research, but is also open to interested others at any stage in their career.

The day-long event will focus on presentations from four researchers working with narrative and education: The researchers will 'walk through' one piece of data, explaining and discussing how their data was gathered and their perceptions of the relationship between narrative and health research as it applies to their work. Trish Greenhalgh (University College London), David Harper (University of East London), Catherine Riessman (Boston University), and Vieda Skultans (Bristol University) will be presenting, with Phil Salmon (Institute of Education) as discussant.

In addition to the four presentations, there will be considerable time allowed for the questions and comments of workshop participants. A portion of the afternoon session will be conducted in small groups. The workshop is limited to fifty participants. The deadline for applications is October 15th. If there are remaining places after this date, applications may still be considered. The cost for the workshop is £50, and includes registration, morning coffee, light buffet lunch, and reception. There are a small number of £25 bursaries available for graduate students. Applications must be accompanied by a cheque or money order, made payable to the University of East London.

If you would like more information on the workshop, please contact any of the co-directors of the centre:

Shelley Day Sclater (<u>sclater@uel.ac.uk</u>) Molly Andrews (<u>M.Andrews@uel.ac.uk</u>), Corinne Squire (<u>C.Squire@uel.ac.uk</u>) Maria Tamboukou (<u>Tamboukou@uel.ac.uk</u>)

6. CALL FOR PAPERS

INTERNATIONAL JOURNAL OF MEN'S HEALTH

The International Journal of Men's Health (ISSN: 1532-6306) publishes peer-reviewed, empirical and theoretical papers addressing all aspects of men's health such as: various diseases and health problems that are male-specific or for which men have higher rates of morbidity or mortality than women; the biological, psychological, behavioural, and sociocultural processes influencing men's health; prevention and treatment approaches to men's illnesses; and gender differences in health concerns.

The International Journal of Men's Health is intended for teachers, students, and professionals involved in the behavioural and social sciences, health sciences, medicine, and public health and whose interest in or whose research examines men's health issues in the broadest sense. Thus, epidemiologists, health educators, medical anthropologists, nurses and physicians, psychologists and psychiatrists, public health workers, social workers, and sociologists will find the International Journal of Men's Health a valuable resource for advancing their knowledge about men's health concerns and gender-specific health care.

Along with regular articles (approximately 6,000 to 8,000 words), the International Journal of Men's Health will routinely publish brief reports (approximately 2,500 words) and book reviews (approximately 750 words).

Instructions to authors:

Authors should submit manuscripts in Word or WordPerfect format attached as a file to an email addressed to the editor: <u>Courtenay-IJMH@mensstudies.com</u>. To submit a paper version, authors should send four typed, double-spaced copies on 8.5 x 11-inch paper to Dr. Will Courtenay, International Journal of Men's Health, c/o Carol Brown, Center for Men, McLean Hospital/Harvard Medical School, 115 Mill Street, Belmont, MA 02478. As manuscripts are reviewed anonymously, authors are required to place no personal identification either within the manuscript or in the required abstract of 150 words or fewer. Authors should prepare manuscripts according to the Publication Manual of the American Psychological Association (4th ed.). Instructions on how to prepare tables, figures, references, and abstracts appear in the Manual. As paper submissions take longer to process, electronic submissions are encouraged.

Additional information is available online: http://www.mensstudies.com/mspjournals.html

INTERNATIONAL JOURNAL FOR EQUITY IN HEALTH

We are writing to introduce a new peer-reviewed online journal, the International Journal for Equity in Health (IJEqH), and to invite you to submit your next paper to it. Information about the journal and the submission process is located on the website: (http://www.equityhealthj.com)

The IJEqH is dedicated to publishing high quality scientific papers that deal with the genesis and manifestations of inequity in health and which address attempts to eliminate or reduce them. Its purpose is to further the state of knowledge about equity in health, defined as systematic and potentially remediable differences in health across populations and population groups defined socially, economically, demographically, or geographically. Advances in the following areas are of particular interest:

- 1. Contributions to the conceptualisation of influences on health and inequities in health and health services and their mode of operation.
- 2. Advances in methods for studying inequities and evaluating interventions and policies to reduce them.
- 3. Pathways through which influences on health influence equity in health.
- 4. Evaluation of interventions to reduce inequities in health.
- 5. Development, analysis, implementation, and evaluation of policies and the process of policy change for reducing inequities in health.

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If you have any questions please contact us by e-mail at: <u>IJEqH@nc.rr.com</u>

Yours sincerely,

Barbara Starfield and John DiLiberti

Editors-in-Chief International Journal for Equity in Health

7. NEW BOOKS

Weidner, G., Kopp, M., Kristenson, M. (eds.) Heart Disease - Environment, Stress, and Gender. 2002, Volume 327 NATO Science Series: Life and Behavioural Sciences. 350 pp., hardcover, ISBN: 158603 082 5 Price: US 90, EUR 95, GBP 60

The book addresses gender differences in heart disease with special attention placed on the recent cardiovascular disease epidemic among middle-aged men in Eastern Europe. While the traditional risk factors such as hypertension or high cholesterol level proved to be unable to explain the gender gap in coronary heart disease, psychosocial risk factors such as stress, should warrant more attention. This book focuses on both biological and psychosocial perspectives and provides a multidisciplinary framework from the fields of demography, epidemiology, clinical medicine, sociology and psychology. The book features the work of a distinguished group of international researchers participating in the NATO conference "The Increase in Coronary Heart Disease in Central and Eastern Europe: Stress- and Gender Related Factors" in 2000, organized by Maria Kopp and Gerdi Weidner in Budapest.

Marcia Inhorn & Frank van Balen (eds) Infertility Around the Globe: New Thinking on Childlessness, Gender and Reproductive Technologies. 2002, University of California Press 374 pp. ISBN:0-520-23108-2

From www.ucpress.edu/books/pages/9398.html:

Based on original research by seventeen social scientists, this is the first book to investigate the use of reproductive technologies in non-Western countries. With infertility as the lens through which a wide range of social issues is explored, the contributors address a farreaching array of topics: why infertility has been neglected in population studies, how the deeply gendered nature of infertility sets the blame squarely on women's shoulders, how infertility and its treatment transform family dynamics and relationships, and the distribution of medical and marital power. The chapters present investigations into cultural perceptions of infertility in numerous countries, including China, India, the nations of sub-Saharan Africa, Vietnam, Costa Rica, Egypt, Israel, the United States, and the nations of Europe. Poised to become the quintessential reference on infertility from an international social science perspective, Infertility around the Globe makes a powerful argument that involuntary childlessness is a complex phenomenon that has far-reaching significance worldwide.

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