

**Annual Report Romania (2015/2016)**  
**National Delegate: Dr. Catrinel Craciun**

**Research Developments**

In 2015 and 2016 the Romanian health psychology research group were involved in several international and national research projects, like for example:

- *Cost effective self-management of urinary incontinence addressed to women across Europe*; H2020 project, financed by EU.
- *Bullying in residential care* financed by EU: JUST program;
- *Multilevel interventions to prevent non-communicable diseases associated to life style in Romania*. Financed by Norway Innovation grant through Romanian Ministry of Health.
- *Social image of food* (Director Dr. Diana Taut)

Dr. Catrinel Craciun had a Guest Professorship at the Free University Berlin with a focus on gender and health. During this period she worked in two research projects, one focusing on palliative care and one on migrants and health. Two publications are under review based on the results from these two projects.

**Publications: (2015-2016)**

Between 2015 and 2016 various articles were published in relevant national and international peer reviewed journals as well as books with a focus on health promotion. Bellow we list a few relevant examples.

Meinck, F., Steinert, J., Sethi, D., Gilbert, R., Bellis, M, Mikton, C., & **Baban, A.** (2016). *Measuring and monitoring national prevalence of child maltreatment: a practical handbook* . Copenhagen: WHO Regional Office. ISBN 978 92 890 5163

Benga, O., **Băban, A.**, Opre, A. (coord.) (2015) *Promovarea sănătății mintale în grădinițe și școli [Mental health promotion in kindergartens and schools]*. Ed. ASCR, Cluj-Napoca.

Larson, H., Karafillakis, E., Antoniadou, E., **Baban, A.**, Pereti-Watel P., Verger, P., Apfel, F., Cecconi, S. (2015) *Vaccine hesitancy among healthcare workers and their patients in Europe – A qualitative study*. Stockholm: ECDC. ISBN 978-92-9193-722-6; doi 10.2900/425780

Teodora Surdea-Blaga<sup>1</sup>, **Adriana Baban**<sup>2</sup>, Laurentiu Nedelcu<sup>3</sup>, Dan L. Dumitrascu<sup>1</sup> (2016) *Psychological Interventions for Irritable Bowel Syndrome*. J Gastrointestin Liver

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<http://dx.doi.org/10.15403/jgld.2014.1121.253.ibs>

- Alexandrova-Karamanova, A., Todorova, I., Montgomery, A., Panagopoulou, E., Costa, P., **Baban, A.**, Davas, A., Milosevic, M. & Mijakoski D. (2016) Burnout and health behaviors in health professionals from seven European countries. *International Archives of Occupational and Environmental Health* DOI: 10.1007/s00420-016-1143-5
- Taut, D., Craciun, C., & **Baban, A.** (2016) Food worry leads to less unhealthy snacking in adolescents, but self-regulation and gender play a role: a moderated mediation model. *Cognition, Brain, Behavior. An Interdisciplinary Journal*, 20 (1), 33-44.
- Mocan, A., Iancu, S., Duma L. & **Baban, A.** (2016) Depression in Romanian patients with type 2 diabetes: prevalence and risk factors. *Clujul Medical*, DOI: 10.15386/cjmed-641
- Montgomery, A., Spanu, F., **Baban, A.** Panagopoulou, E. (2015) Job demands, burnout, and engagement among nurses: A multi-level analysis of ORCAB data investigating the moderating effect of teamwork. *Burnout Research*, 2:71-79.
- Ratiu, L., David. O., **Baban, A.** (2015) Developing Managerial Skills Through Coaching: Efficacy of a Cognitive-Behavioral Coaching Program. *J Rat-Emo Cognitive-Behav Ther.* DOI 10.1007/s10942-015-0225-8
- Giese, H., Köning L., Täut, D., Ollila, H., **Băban, A.**, Absetz, P., Schupp, H., & Renner, B.(2015). Exploring the association between television advertising of healthy and unhealthy foods, self-control and food intake in 3 European countries. *Applied Psychology: Health and Well Being*.DOI: 10.1111/aphw.12036; 7 (1), 41-62
- Giese, H., Taut, D., Ollila, H., **Baban, A.**, Absetz, P., Schupp, H., & Renner, B. (2015) Children's and Adolescents' Snacking: Interplay between the Individual and the School Class. *Frontiers in Psychology*: 6, doi: 10.3389/fpsyg.2015.01308
- Cosma, A., Balazsi, R., **Baban, A.**, (2015) Time trends in bullying involvement among Romanian school aged children from 2006 to 2014. *Procedia: Social and Behavioral Sciences*, 209, 17 – 24
- Cosma, A., Balazsi, R., **Baban, A.**, (2015) Bullying involvement and the experience of negative emotional states in Romanian school children: the role of substance abuse, *Psicologia, Saude and Doenca.* DOI: <http://dx.doi.org/10.15309/15psd160206>
- Preis, H., **Baban, A.**, Morgan, K., Todorova, I. & Benyamini, Y. (2015) Women's health psychology and sociocultural context. *The European Health Psychologist*, 17 (5): 246-250.
- Muresan-Madar, A. & **Baban, A** (2015) The development and piloting of a CBT group program for postpartum depression. *Journal of Evidence-Based Psychotherapies*. Vol. 15, No. 1, March 2015, 51-64.
- Cosma, A., **Baban, A.** (2015). Beyond Self-Care Behaviors in Diabetes: Learning from Adolescents. *Cognition, Brain, Behavior. An Interdisciplinary Journal*, 19(3),233-249.
- Ratiu, L., **Baban, A.** (2015) Understanding the Development of Coaching in Changing Times. *Cognition, Brain, Behavior. An Interdisciplinary Journal*, 19 (3), 209-231.
- Moldovan, R. Radu, M., **Baban, A.** & Dumitrascu, D.L. (2015) Evolution of Psychosomatic Diagnosis in DSM. Historical Perspectives and New Development for Internists. *Romanian J. Internal Medicine.* **53**, 1, 27–32.

- Mocan A. , **Baban A.** (2015) An useful tool for diabetes emotional distress assessment: Validation of the Romanian version of Diabetes Distress Scale. *Rom J Diabetes Nutr Metab Disease* 22(4): 425-431
- Moldovan, R., **Baban, A.** & Dumitrascu, D.L. (2015) Evoluția diagnosticului simptomelor somatice funcționale. *Viata Medicala*, 14: 1316.
- Vâjâean, C. & **Baban, A.** (2015) Emotional and behavioral consequences of online health information-seeking: the role of Ehealth literacy. *Cognition, Brain, Behavior. An Interdisciplinary Journal*. Vol. XIX, No. 4, p: 327-345.
- Vâjâean, C. & **Baban, A.** (2015). Building resilience among adolescents with cancer: a case study. *Studia Universitatis Babeș-Bolyai-Psychologia-Paedagogia*, (1), 73-88.
- Craciun, C. (2016). "They Do Not Know How To Use Their Health Insurance Card": Implementation of Active Aging Policy and Aging Perceptions in Romanian General Practitioners. *Ageing International*. doi:10.1007/s12126-015-9239-
- Craciun, C., Flick, U. (2016). Aging in precarious times: exploring the role of gender in shaping views on ageing. *Journal of Women & Aging* , 28 , 6.  
http://dx.doi.org/10.1080/08952841.2016.1223896
- Craciun, C. (2016). (De)Gendering Older Patients: Exploring Views on Aging and Older Patients in Romanian General Practitioners. Accepted for publication in Revista Actualidades en Psicología
- Craciun, C., Gellert, P., Flick, U. (2015). Aging in precarious circumstances: can positive views on aging make a difference? *The Gerontologist*,  
doi:10.1093/geront/gnv135
- Craciun, C., Flick, U. (2015). "I wonder if robots will take care of me when I am old: Positive aging representations of professionals working in health promotion services", *Journal of Health Psychology*. DOI: 10.1177/1359105315587141
- Craciun, C., Gellert, P., Flick, U. (2015). Aging in precarious times: Positive views on aging in middle-aged Germans with secure and insecure pension plans, *Ageing International*, DOI: 10.1007/s12126-015-9223-5
- Craciun, C., & Flick, U. (2015). "I want to be 100 years old, but I smoke too much": Exploring the gap between positive aging goals and reported preparatory actions in different social circumstances. *Journal of Aging Studies*, 35, 49–54.  
doi:10.1016/j.jaging.2015.07.006
- Craciun, C., Griva, K. (2015). Ageing in changing social contexts: Challenges and opportunities for health psychology. *European Health Psychology Bulletin*, 17, 54-57.
- Craciun, C., Gellert, P., Flick, U. (2015). Is healthy ageing for all? The role of positive views on ageing in preparing for a healthy old age in a precarious context. *European, Health Psychology Bulletin*, 17, 78-84.

### **Conferences and Visibility in the Community**

Several members of the Romanian Health Psychology Association attended the International Congress of Psychology in Japan, and also the EHPS conference in Aberdeen.

Prof. Dr. Adriana Baban was invited as a keynote to the National Conference on

Psychology in Croatia (2016).

Prof. Baban and other Romanian colleagues presented papers on health psychology topics at the following conferences: European Association of Research in Adolescence, Spain, 2016; WellMed Conference on Doctors and Health care system, Greece; 2015: European Psychosomatic Medicine Conference, Nuremberg, Germany; 2015: European Health Psychology Conference, Limassol, Cyprus; 2015: International Conference on Child & Adolescence Clinical Health Psychology, Madrid

Dr. Catrinel Craciun was invited to give a talk at the Gender Equality Conference at Free University in Berlin.

### **Education**

Another generation of students has graduated from the Master of Clinical Health Psychology and Public Health in 2016. Several MA thesis were completed this year addressing several topics in health psychology.