

Education

During 2011-2012 there were, in Portugal, 9 universities offering the 2nd Cycle of Studies in Clinical and Health Psychology. Health Psychology is not being taught in Portugal as a separated discipline, as in the past.

Conferences

SPPS has organized the 9th National Congress on Health Psychology (9th-11th February 2012, Aveiro, Portugal), in which 346 persons participated, that intended to present the state of the art of Health Psychology in Portugal. The theme of the Congress was "Health promotion and chronic disease: Challenges for health promotion". There were national and international invited lecturers and there were presented 565 communications, a third of which were done by participants from other countries.

Projects

Portugal does not have an updated psychology projects data base available, reason why it is very difficult to have a systematic idea of the projects that are currently being developed. Nevertheless, our National Congress on Health Psychology allowed us to find that several projects are being implemented in various health psychology fields, from health promotion to disease prevention, by both academics and practitioners, and more and more by multidisciplinary teams.

Publications

In 2011-2012 SPPS has published two volumes of its journal – *Psicologia, Saúde & Doenças* (Psychology, Health & Diseases) and started the on-line first edition, which allowed offering very quickly (one month) to readers the papers accepted for publication by the reviewers. This journal has published 11 original papers during 2011 and another 11 in 2012, so far.

SPPS – Sociedade Portuguesa de Psicologia da Saúde (Portuguese National Health Psychology Society)

SPPS is now under the leadership of Prof. José Pais-Ribeiro and its membership continuous to grow, having now 407 members.