

NOMINATION FOR ELECTION TO THE EXECUTIVE COMMITTEE OF THE EUROPEAN HEALTH PSYCHOLOGY SOCIETY (2022-2024)

Name of candidate: Angelos Kassianos

Country: Cyprus

Position seeking nomination for: Ordinary Member



It is with great pleasure that I send my nomination for the EHPS Executive Committee as an Ordinary Member. I am confident that I can pursue the responsibilities of this position at the same time this provides me with the opportunity to contribute to the EHPS.

I have obtained my PhD in Health Psychology from the University of Surrey in 2014. I am a Lecturer in Health Psychology at the Cyprus University of Technology and an Honorary Fellow of University College London (UCL), Department of Applied Health Research. My research

areas are cancer prevention, early diagnosis and the development and evaluation of theoretically-informed digital interventions for health behaviour change and collection of patient-reported outcomes.

I currently lead or co-lead several research projects funded by the UK Policy Research Unit, Cancer Research UK, the Cyprus Research and Innovation Foundation and the Union for International Cancer Control. At the same time my teaching is focused on research methods, statistics, inequalities in healthcare, psychometrics and health psychology theories and methods.

I have been a member of EHPS since 2012 and have participated in all Conferences since then. I have been an active member of the EHPS-UN Sub-Committee from 2012 to 2017 following my internship at WHO. I have been the EHPS National Delegate (ND) of Cyprus since 2015. In this role, I have collaborated with other NDs to set-up a task force commissioned by the EC to examine how health psychology is practiced in EHPS countries and beyond. The results of this work have been presented in roundtables in three EHPS Conferences (2016-2018) and in a Special Issue of the European Health Psychologist on January 2018 where I served as a Guest Co-Editor. We are currently re-examining the competencies of Health Psychologists in Europe together with the European Federation of Psychologists' Associations (EFPA). I have received the 2018 EHPS Early Career Award and I act as National Editor for the Practical Health Psychology blog and as a member of the Digital Health and Computer Tailoring SIG. In 2020, I received the Young Researcher Award from the Cyprus Research and Innovation Foundation.

I am eager to transfer experience I have gained from participating in other organizations' committees. For example, I am actively involved in EFPA initiatives serving as board member of the eHealth project group and the Prevention and Intervention Board. I proposed and currently co-leading an EFPA expert survey collecting evidence from associations on whether behavioral science evidence has informed the European governments' responses to the pandemic. I am also a Vice-Chair of the Cyprus Parliament's Public Health Committee respectively. If I have learnt one thing from these initiatives is that collective wisdom is the key to achieving positive outcomes.

Milestones like the COVID-19 pandemic, advances in chronic conditions' longevity and climate change bring challenges and I believe that we need to be collectively responding. Our role needs to be both expanded but also re-considered considering these new challenges at the same time as our methods becoming more robust and transparent.